



## Charger Relays

Dear Coaches:

The Clear Springs “Charger Relays” will begin with a scratch meeting in the conference room (1411) @ 11:30 a.m. All Field Events (4 jumps, 4 throws) will start @ 12:30 p.m. and running events (finals) will begin @ 4:00 p.m. with the 3200 Meters. The meet format will include all UIL events and will be held at Charger Stadium on the campus of Clear Springs High School. We will have fully automated timing and compete “finals only”. Please make team entry meet checks (**\$50.00**-if district is in Athletic Agreement) or **\$100.00** if in non-compliance of athletic agreement payable to: CSHS Girls’ CC/Track Activity Fund (girls’ teams) or CSHS Boys’ CC/Track Activity Fund (boys’ teams). A team plaque will be awarded to the champions of each division and medals to the top 3 places. We will have a maximum of 16 teams to compete. All entries and times should be submitted (word doc. or excel) to [ahaggert@ccisd.net](mailto:ahaggert@ccisd.net) by March 15th. Deletions will only be accepted by March 23rd. See you on April 1st!

### **Field Events 12:30 P.M.**

Shot Put- Boys/Girls

Discus- Girls/Boys

Pole Vault- Boys/Girls

High Jump- Girls/Boys

Long Jump- Girls/ Boys

Triple Jump- Boys/ Girls

Coaches/Worker Meal Provided @ conclusion of Field Events

### **Running Events: 4:00 P.M. (Girls/ Boys)**

3200 Meter Run

4 x 100 Relay

800 Meter Run

100/110 Hurdles

100 Meter Dash

4 x 200 Relay

400 Meter Dash

300 Hurdles

200 Meter Dash

1600 Meter Run

4 x 400 Meter Relay

Any questions or concerns contact Abel Almendariz or Astin Haggerty at:

Coach Almendariz: 281-284 1300 w

(Boys) 281-773-0784 c

281-557-0216 fax

[aalmenda@ccisd.net](mailto:aalmenda@ccisd.net)

Coach Haggerty: 281-284-1300 (41368)

(Girls) 713-430-6038 c

281-557-0216 fax

[ahaggert@ccisd.net](mailto:ahaggert@ccisd.net)

Sincerely,

Abel Almendariz and Astin Haggerty

Track and Field Coaches

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