

# Eastern Hills and Western Hills

## 1<sup>st</sup> Annual "East / West" Meet

Eastern Hills and Western Hills High Schools coaching staffs would like to invite you to the first annual "East / West" track meet. The meet will be held on February 20, 2010. The meet will be held at Clark Stadium in Fort Worth.

We are looking forward to starting the season off on the right foot. The entry fees will be \$100 per team, or a max of \$150 per team (EX: Varsity and J.V. boys together would be \$150). Please mail check to Eastern Hills High School Attention Michael Prewitt.

We will have four divisions Varsity Boys and Girls, and Junior Varsity Boys and Girls. We will limit the meet to the first 12 teams in each division. We will have prelims and finals of most running events. We will run timed finals in the 800, 1600, 3200, 4 x 2, and 4 x 4. The finals will be timed using our fully automatic timing system. In the Field events we will have prelims and finals for all field events.

We will run a split schedule. The 3200 will start at 8:30 a.m. The boys will start the field events at 8:30 while the girls will begin running prelims at the conclusion of the 3200. They boys and girls will switch at 11:00. (the boys will run prelims while the girls compete in the field events)The finals will begin at 2:30.

Please return information form to either:

Michael Prewitt [Michael.Prewitt@fwisd.org](mailto:Michael.Prewitt@fwisd.org) Cell (817)266-8213; Fax (817)-496-7603

or Jerod Roland [Jerod.Roland@fwisd.org](mailto:Jerod.Roland@fwisd.org) Cell (214)686-7833; Fax (817)815-6050

School Name: \_\_\_\_\_

Head Coach: \_\_\_\_\_

Office # \_\_\_\_\_ Cell # \_\_\_\_\_

We would like to be entered in: (check appropriate blanks)

\_\_\_\_\_ Varsity Boys

\_\_\_\_\_ J.V. Boys

\_\_\_\_\_ Varsity Girls

\_\_\_\_\_ J.V. Girls