

# 2010 LOCKHART LION RELAYS

March 6, 2010

## SCHEDULE OF EVENTS



**8:00-Add/Scratch Meeting**

**9:00- 3200M Relay VG / VB**

**3200M Run JVG, VG, JVB, VB** (immediately after VB 3200M Relay)

Field Events:

### ORDER OF DIVISIONS IN EACH EVENT

Shot Put: VG (1) JVB (2) VB (1) JVG (2)

Discus: VB (1) JVG (2) VG (1) JVB (2)

Pole Vault: JVB VB JVG VG

High Jump: VB (1) JVG (2) VG (1) JVB (2)

Long Jump: PIT 1 VB, PIT 2 VG, PIT 3 JVB, PIT 4 JVG

Triple Jump: PIT 1 VB, PIT 2 VG, PIT 3 JVB, PIT 4 JVG

(In each division, triple jump will follow long jump at the same pit.)

12:00 **LUNCH**

1:00 **RUNNING FINALS** (No PRE-LIMS)

Distance Medley VG VB (1200-400-800-1600)

400M Relay: JVG, VG, JVB, VB

800M Run: JVG, VG, JVB, VB

100M Hurdles: JVG, VG

110M Hurdles: JVB, VB

100M Dash: JVG, VG, JVB, VB

800M Relay: JVG, VG, JVB, VB

400M Dash: JVG, VG, JVB, VB

300M Hurdles: JVG, VG, JVB, VB

200M Dash: JVG, VG, JVB, VB

1600M Run: JVG, VG, JVB, VB

1600M Relay: JVG, VG, JVB, VB

Contact Information:

Scott Hippensteel

512.398.0350-Athletics

512.468.6954-Cell

[scott.hippensteel@lockhart.txed.net](mailto:scott.hippensteel@lockhart.txed.net)

(12 Team Limit)