

Unicorn Relays

February 26, 2010

2:15 pm - Coaches Meeting (located in blue room of fieldhouse)

3:00 pm - Field Events

Shot Put - Girls, Boys (4 throws, no finals)

Discus - Boys, Girls (4 throws, no finals)

High Jump - Girls, Boys

Pole Vault - Boys, Girls

Triple Jump - Boys, Girls (4 jumps, no finals)

Long Jump - Girls, Boys (4 jumps, no finals)

3:30 pm - Distance Medley Relay (1200, 400, 800, 1600)

4:30 pm - Running Events (finals only) This start time is approximate (we will start the running after field events have concluded, excluding pole vault)

- Rolling Time Schedule

Throwers 400 Relay - Girls, Boys (must have competed in shot and/or disc)

4 X 100 Relay - Girls, Boys

800 Meter Run - Girls, Boys

100m Hurdles - Girls

110m Hurdles - Boys

100m Run - Girls, Boys

4x200 Relay - Girls, Boys

Kids Races

400m Run Girls, Boys

300m Hurdles - Girls, Boys

200m Run - Girls, Boys

1600m Run - Girls, Boys

4 X 400 Relay - Girls, Boys

Sally Kingsbury 400 Meter Fundraiser Relay

Thank you for entering into the 2010 Unicorn Relays! We are looking forward to another great meet.

This is a one-division, Varsity only meet. In all field events you will be able to enter up to 4 athletes. We will have two flights for each field event. You will enter your two top athletes into Flight 1 and your second two athletes into Flight 2. We will do this at the scratch meeting. For all relays, you may enter in two teams. For other running events we will follow your standard 3 runners per event.

Relays: You may enter two relay teams per division.

Scoring. Note that in all individual events, only the top three from your school will score points for the team. Only your top relay will score points for the team.

Time Schedule. The running events (excluding the distance medley) will start at 4:30 on a rolling time schedule.

Kids Races. The kids races are races we offer kids ages 4 through 5th grade. We run them as quickly as possible and they are fun to watch. If you have a kid that would like to run in them, they are more than welcome to. Ribbons are awarded to all participants.

Entry Fee. The fee is \$100.00 per team. That is \$100 for girls and \$100 for boys if you are bringing both. Please try to get that in as soon as possible.

Lunch. A lunch will be provided to all coaches at the coaches meeting.

Entries. Entries will be due no later than Wednesday morning (the 25th) at 9:00 am. Please email entries to ldatesman@newbraunfels.txed.net or fax them at (830) 627-6001 at the high school. If you choose to email, please do so using a Microsoft Excel Spreadsheet.

Questions. You may email with any questions, or call our Athletic Office at (830) 627-6111.

