

# **THE TEXAN RELAYS™**

**March 20<sup>th</sup> 2010**

**Start Time: 9:00 A. M.**

## **Order of Races**

**JV Girls**

**JV Boys**

**Varsity Girls**

**Varsity Boys**

## **Order of Events:**

**3200 Meter Relay (4 x 800)**

**4x 100 Meter Relay**

**Hurdle Relays**

**4 x 200 Meter Relay**

**Sprint Medley (100,100,200 & 400)**

**Distance Medley (1200,400,800 & 1600)**

**4 x 400 Meter Relay**

**The “TEXAN RELAYS”**  
**March 20th, 2010**  
**Wilemon Stadium**  
**Arlington, Texas 76014**

**Coaches:**

- 1). This meet will be held @ Wilemon Stadium located on Sam Houston’s Campus in Arlington, Texas. The street address is as follows: 2000 Sam Houston Dr.
- 2). **Relays Teams only!** There will be **NO** field events or **Individual events**.
- 3). Entry Fees are \$130.00 **Per Team**. This fee will cover your **JV and Varsity Teams**. If you are bring your girls and boys teams then your cost will be \$260.00. All entries are due by March 15, 2010.
- 4). **All races will be timed finals.**
- 5). Medals will be given to the top three finishers in each relay. A team trophy will be given in each division. (Girls and Boys)
- 6). Once we start we will go until we finish.
- 7). All entries will be done during the scratch meeting. First come, first serve.
- 8). There will be food for the Coaches.
- 9). Make all checks to: Sam Houston Track Team  
Sam Houston High School  
2000 Sam Houston Dr.  
Arlington, TX. 76014
- 10) **E-Mail or Fax all Entries by March 15, 2010**  
**e-mail address: [sbell@aisd.net](mailto:sbell@aisd.net)**  
**fax #: 817-801-4505**

Thank you for attending the “Texan Relays”