

**THE "GREAT" JAMES MADISON HIGH SCHOOL  
3000 MARTIN LUTHER KING JR. BLVD.  
DALLAS, TEXAS 75215**



**DEAR COACH,**

**The Great Madison High School** is pleased and honored to host **The Sherman Johnson Invitational Track and Field Meet** this school year. We are hoping that you will accept this letter as an official invitation to participate in our meet.

**GENERAL INFORMATION**

Meet: Sherman Johnson  
Host School: Madison High School  
Date: Feb. 27, 2010  
Site: Sprague Complex  
3606 Boulder Dr  
Dallas, Texas 75232

**2010**

**ENTRY INFORMATION-DIVISIONS**

- I. Varsity Boys & Girls
- II. J.V. Boys & Girls
- III. Freshman Boys (relays Only)

**Entry Fee**

\$185.00 for two teams (Boys' and Girls' teams are separate)

We are looking forward for your support in conducting a successful meet.  
If you have any questions, please feel free to call:

**Randall Johnson, Boy's Head Track Coach**

School: (972) 925-5253  
Cell: (972) 535-6507  
School Fax: (972) 925-7601

**Tyrance Wesley, Girl's Head Track Coach**

School: (972) 925-2851  
Cell: (214) 893-4789  
School Fax: (972) 925-2801

**NOTE: CONFIRMATION MUST BE RECEIVED BY FEBRUARY 9, 2010**

**CONFIRMATION SHEET**  
**PLEASE RESPOND BY FEBRUARY 9, 2010**

**Return to:**  
**James Madison High School**  
**3000 Martin Luther King Jr Blvd.**  
**Dallas, Texas 75215**  
**Attention: Coach Randall Johnson**

**School** \_\_\_\_\_

**Mascot** \_\_\_\_\_

**School Phone No.** \_\_\_\_\_

**Home Phone No.** \_\_\_\_\_

**E-Mail Address:** \_\_\_\_\_

\_\_\_\_\_ **YES, we will attend The Sherman Johnson Invitational**

\_\_\_\_\_ **NO, we will not attend The Sherman Johnson Invitational**

**PLEASE DENOTE POSSIBLE DIVISIONS. CHECK PARTICIPATING TEAM(S)**

**Varsity Boys** \_\_\_\_\_

**Varsity Girls** \_\_\_\_\_

**JV Boys** \_\_\_\_\_

**JV Girls** \_\_\_\_\_

**Freshman Boys** \_\_\_\_\_

# THE "GREAT" JAMES MADISON HIGH SCHOOL

## INFORMATION AND HEAT SHEET

**Meet:** Sherman Johnson Invitational Track Meet

**Date:** Feb. 27, 2010

**Location:** **Sprague Complex**  
3606 Boulder Dr  
Dallas, Texas 75232

**Division:** I. Varsity Boys and Girls  
II. J.V. Boys and Girls  
III. Freshman Boys (Relays Only)

### **ENTRY FEE: MAKE CHECK(S) PAYABLE TO JAMES MADISON HIGH SCHOOL**

**Address:** Please send entry fees to:  
Attn: Bridget Horn  
James Madison High School  
3000 Martin Luther King JR Blvd.  
Dallas, Texas 75215

**Deadline:** Entries and fees must be postmarked no later than Feb. 25, 2010

**Awards:** Trophies for 1<sup>st</sup> and 2<sup>nd</sup> place teams for varsity divisions and JV Boys and Girls  
Trophies for winning relay teams in all divisions  
Medals for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place finishers in all events

**Admission:** All competitors and two coaches will be allowed in the meet free of charge.  
Fees: Students (under 12) -----\$3.00  
Adults-----\$5.00

### **IF YOU HAVE ANY QUESTIONS PLEASE CONTACT**

Randall Johnson, Boy's Head Track Coach

Home: (972) 535-6507

School: (972) 925-5253

[rajohnson@dallasisd.org](mailto:rajohnson@dallasisd.org)

Tyrance Wesley, Girl's Head Track Coach

Home: (214) 893-4793

School: (972) 925-2800

**IF YOU CAN'T COMPLY, CALL JOHNSON AT (S)972-925-5253 (F)972-925-2801  
(CELL) 214-535-6507**

**\*\*\*\*\*ENTRY FEES AND SHEETS ARE DUE FEBRUARY 9, 2008\*\*\*\*\***

**TIMES:**

<b>7:30-8:00</b>	Worker's Meeting
<b>8:00-8:30</b>	Coach's Meeting
<b>8:30</b>	Field Events (Finals)
<b>8:30</b>	Prelims (JV Boys and Girls open events will be ran in the morning as <b>FINALS</b> )
	<b>LUNCH</b>
<b>1:30</b>	Finals
<b>End of Meet</b>	Presentation of Awards

**\*\*\*TIMES ARE SUBJECT TO CHANGE\*\*\***

**8:30 ORDER OF FIELD EVENTS**

Triple Jump	Girls-Boys	4 Jumps	No Finals
Long Jump	Boys-Girls	4 Jumps	No Finals
High Jump	Girls Starting Height 4'4"(2" up to 5')		
	Boys Starting Height 5'6"(2" up to 6')		
Pole Vault	Boys Starting Height 8'(increase 6 inches)		
	Girls Starting Height 6'8"(increase 6 inches)		
Shot Put	Boys-Girls	4 Throws	No Finals
Discus	Girls-Boys	4 Throws	No Finals

**FIRST FLIGHT WILL BE MEASURED & RECORDED TO ESTABLISH MARK STANDING FOR EACH EVENT. ATHLETES MUST EXCEED STANDARD FOR MEASUREMENTS.**

**8:30 Prelims**

3200m Run Final	(V.G.) (V.B.)
400m Relay	(JV.G.) (V.G.) (F.B.) (JV.B.) (V.B.)
100m Hurdles	(V.G.) (JV.G.)
110m Hurdles	(JV.B.) (V.B.)
100m Dash	(JV.G.) (V.G.) (JV.B.) (V.B.)
400m Dash	(JV.B.) (V.G.) (JV.B.) (V.B.)
300m I. Hurdles	(JV.G.) (V.G.) (JV.B.) (V.B.)
200m Dash	(JV.G.) (V.G.) (JV.B.) (V.B.)

**LUNCH AFTER PRELIMS FOR COACHES AND WORKERS****1:00 Running Events Finals**

400m Relay	(JV.G.) (V.G.) (F.B.) (JV.B.) (V.B.) (V.G.) (V.B.)
3200m Relay Final	(V.G.) (V.B.)
100m Low Hurdles	(V.G.)
110m H. Hurdles	(V.B.)
100m Dash	(V.G.) (V.B.)
800m Relay Final	(JV.G.) (V.G.) (F.B.) (JV.B.) (V.B.)
400m Dash	(V.G.) (V.B.)
300m I. Hurdles	(V.G.) (V.B.)
200m Dash	(V.G.) (V.B.)
1600m Run	(V.G.) (V.B.)
1600 Relay	(JV.G.) (V.G.) (F.B.) (JV.B.) (V.B.)

**The "Great" James Madison High School**

Sherman-Johnson Invitational Track Meet

**2010 Entry Form**

SCHOOL \_\_\_\_\_

**Varsity – Boys or Girls (circle one)**

3200 METERS

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1600 METERS

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800 METERS

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400 METERS

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300 HURDLES

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100/110 HURDLES

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100 METERS

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4x100 METER RELAY

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200 METER DASH

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4x200 METER RELAY

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4x400 METER RELAY

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Shot Put

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Discus

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Long jump

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Triple jump

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High Jump

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**The "Great" James Madison High School**

Sherman/Johnson Invitational Track Meet

**2010 Entry Form**

SCHOOL \_\_\_\_\_

**Junior Varsity Girls**

JV 100 HURDLES

\_\_\_\_\_  
\_\_\_\_\_

JV 300 HURDLES

\_\_\_\_\_  
\_\_\_\_\_

JV 100 METERS

\_\_\_\_\_  
\_\_\_\_\_

JV 200 METERS

\_\_\_\_\_  
\_\_\_\_\_

JV 400 METERS

\_\_\_\_\_  
\_\_\_\_\_

4x100 METER RELAY

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Alt \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

4x200 METER RELAY

\_\_\_\_\_  
\_\_\_\_\_

Alt \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

4x400 METER RELAY

\_\_\_\_\_  
\_\_\_\_\_

Alt \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**The "Great" James Madison High School**  
Sherman/Johnson Invitational Track Meet  
**2010 Entry Form**

SCHOOL \_\_\_\_\_

**Junior Varsity Boys & Freshman Relays Only**

JV 110 HURDLES

\_\_\_\_\_  
\_\_\_\_\_

JV 300 HURDLES

\_\_\_\_\_  
\_\_\_\_\_

JV 100 METERS

\_\_\_\_\_  
\_\_\_\_\_

JV 200 METERS

\_\_\_\_\_  
\_\_\_\_\_

JV 400 METERS

\_\_\_\_\_  
\_\_\_\_\_

4x100 METER RELAY

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Alt \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

4X200 METER RELAY

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\_\_\_\_\_

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\_\_\_\_\_

Alt \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

4x400 METER RELAY

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\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Alt \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

FRESHMAN BOYS  
4x100 METER RELAY

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\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Alt \_\_\_\_\_

\_\_\_\_\_  
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FRESHMAN BOYS  
4x200 METER RELAY

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\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Alt \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

FRESHMAN BOYS  
4x400 METER RELAY

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Alt \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_