

# Brock Eagle Cross Country

## *High School/Middle School Invitational*

Coaches,

We would like to invite you and your runners to the 6<sup>th</sup> Annual Brock Eagle Cross Country meet. This will be a great opportunity to get you ready for district competition.

**DATE:** Wednesday, October 7<sup>th</sup>, 2015

**RACE SITE:** Brock High School  
410 Eagle Spirit Lane

**DIRECTIONS:** Brock is 12 miles west of Weatherford off of I-20. From I-20W take Exit 397 and head South. You will stay on FM-1189 approximately 4 miles and you will see Brock High School on the right.

**COURSE:** Mowed grass, gravel roads, and a few trails. We have improved our course for the upcoming season and it should be in great shape.

**CHECK IN:** High School (9:15-10:30)  
Middle School (2:45-4:00)

<b>DIVISIONS:</b> Division II Girls (2A-under, JV's)	10:30AM
Division II Boys (2A-under, JV's)	10:50
Division I Girls (4A-3A)	11:20
Division I Boys (4A-3A)	11:40
7 <sup>th</sup> Grade Girls	4:00PM
7 <sup>th</sup> Grade Boys	4:20
8 <sup>th</sup> Grade Girls	4:40
8 <sup>th</sup> Grade Boys	5:00

**DISTANCE:** Varsity and JV Boys (3 miles)  
Varsity Girls/JV Girls/JH Boys and Girls (2miles)

**AWARDS:** Team Championship Plaque (All – divisions)  
Team Runner-up Plaque (All – divisions)  
Individual Medals for top 15 (High School) and top 20 (Junior High)

Entry Fee: High School - \$60 per Team per Division - (\$225 for all divisions)  
Junior High - \$60 per Team per Division - (\$175 total for all divisions)  
Individuals - \$10

\*\* \$350 if you want to enter every HS and JH Division\*\*

Make checks payable to: Brock Cross Country  
Attn: Coach Westmoreland

Timing: All races will be timed using bibs so please email your entries by  
Thursday, Oct. 1<sup>st</sup>.

**\*\* Please email me if you plan on bringing your teams so I can make sure you are on the email list. I will be using athletic.net for all entries and have posted instructions for how to enter your runners.**

If you have any questions feel free to call or email.

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