



Mud, Sweat, & Cheers Relay (4 x 1.5 miles)

Hosted by College Station High School

Kick off your 2015 XC season with a series of ups, downs, twists, turns, jumps, and MUD

Date: August 29, 2015

Site: Top Tier Training Camp (Caldwell, Tx; 15 miles outside College Station)

Style: Schools will compete as 4 member relay teams with each athlete racing one 1.5 mile loop. Runners will charge over small obstacles such as log jumps, whoop-t-do's, and shallow mud pits. Races will be staggered so that all girls and boys will on the course at once. It's very spectator friendly and presents many great photo opportunities.

Divisions:	Varsity Boys	8:30am
	Varsity Girls	8:35am
	JV Boys	9:30am
	JV Girls	9:35am
	Awards	10:30am

Awards: Trophies will be presented to each member of the championship and runner-up teams.

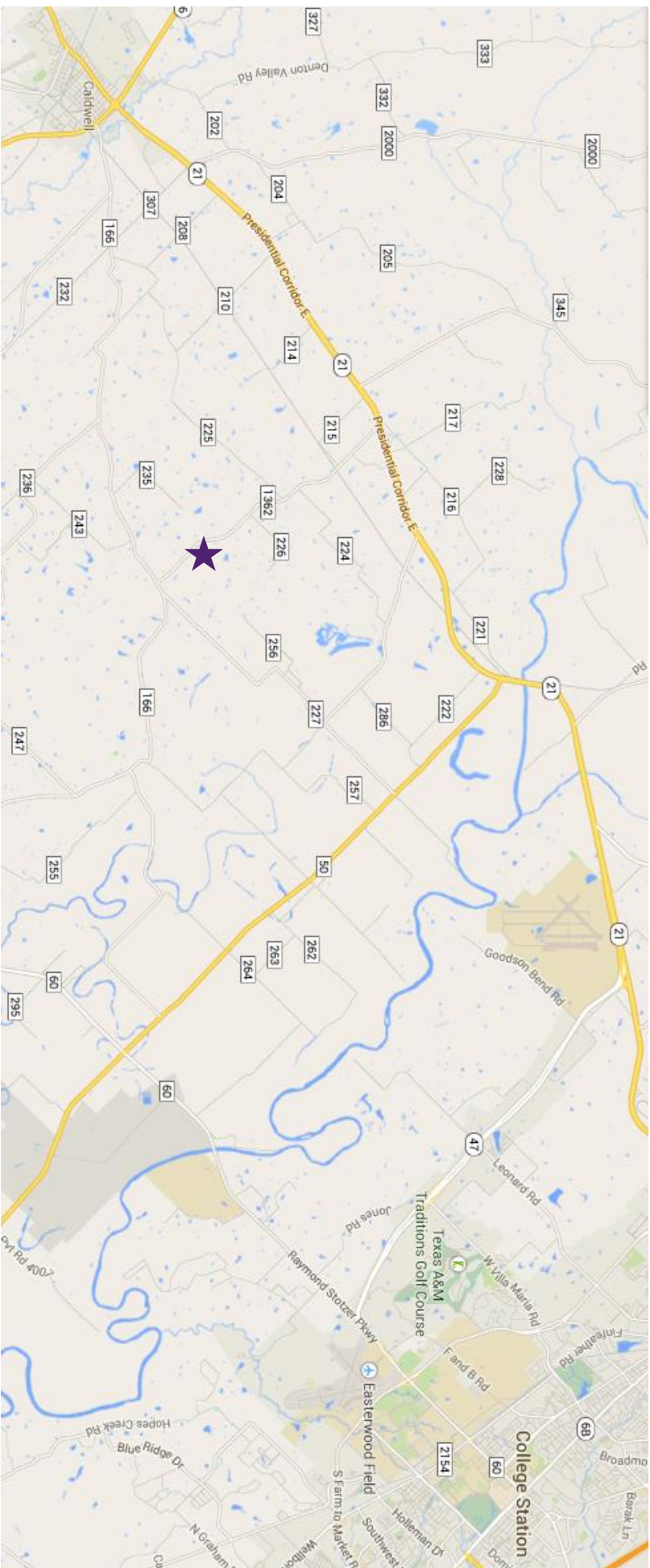
Entry Fee: \$25 per relay team entered; \$200 maximum fee for schools entered in more than 2 divisions. Payment can be mailed, or hand delivered on race day. *Checks should be payable to Top Tier Training.*

Top Tier Training
c/o Robert Ondrasek
3101 FM 1362 South
Caldwell, Tx 77836

Entries: A school may enter up to 3 teams in the varsity divisions and unlimited teams in the JV divisions. Relay team can run with less than 4 members, but they will not be eligible for awards.

Please email entries to jmunson@csisd.org, and indicate the divisions in which your team will participate.

Top Tier Trainings Camp



Directions: From Bryan/College Station-Take Hwy 21 west about 10 miles to Cooks Point. Turn left on 1362 South. Go three miles and turn left at the Top Tier Training sign.
From Bastrop/Caldwell- Take Hwy 21 east through Caldwell about 8 miles to Cooks Point. Turn right on 1362 south. Go three miles and turn left at the Top Tier Training sign.