

What: 5th Ever "End of Summer Meet" Cross Country Race Aug. 29

This is an in vitiation for you and your teams to attend and compete in our "End of Summer" Cross Country Race to be held this year on Saturday, August 29.

Last season there were 22 schools that took part and for most it was the first meet of the year and a great way to start things off.

REMINDER: MEET FORMAT: This will be a medals only meet with no team scores kept, coaches time their own kids, and medals are awarded to the top 30 finishers in each division (JVG, JVB, VG, VB) We will have a similar meet for middle schools only on September 19 and there will be info about that meet in another attachment.

The course will be 3 miles for high school boys and 2 miles for girls in all divisions, and middle school boys. Course will be same as last year, and will include uphill on Karger Lane (see attached map, it is same both for August and October 3 when we have our regular Octoberfest Races)

DATE: Saturday, August 29, 2015 **SITE:** Comfort High School; **BUS PARKING:** Stadium parking lot, pressbox side; **CAR/PARENT PARKING:** can park in same stadium lot or in lower lot between high school and baseball field; **REGISTRATION INFO:** 1) No need to sign up; 2) Pay the day of meet/or mail before the meet to Coach Nabours at Comfort High School; can enter as many as you wish in JV; limit to 10 runners in Varsity; 3) Map of course also available on race day; **ENTRY FEE:** \$50 per team of 5 runners or more; \$10 per athlete if less than 5 athletes entered. Make checks payable to **Comfort Cross Country.**

SCHEDULE: 1) 9-9:30 registration/check-in/pay at 50-yd. line; Coaches' meeting (if needed) also at 50-yd. line

RACE SCHEDULE: 9:30 A.M. JVG; 10:00 A.M. –VG; 10:30 A.M. – JVB; 11:00 A.M. – VB; **Start at practice field located between our stadium and high school, finish on track; AWARDS:** Top 30 finishers in each division will receive a finish card just like in our regular meet and present that card to our medal givers who will be set up at the end of the chutes and will then hand your runner their medal upon presentation of the finish card.

CONTACT/QUESTIONS: Billy Nabours (830) 456-9105 (Nabours' cell) or email at coach@ktc.com or billy.nabours@comfort.txed.net

Thanks,

---- Billy Nabours, Head Cross Country Coach