



What: 1st Time Comfort Middle School XC Medals Meet September 19

MEET FORMAT: Middle school only; This will still be a **medals only meet** with no team scores kept, coaches time their own kids, and medals awarded to the top 30 finishers in each division (**7G, 7B, 8G, 8B**) The course will be 2 miles for racers in all divisions. Course will be same as last year, and will include uphill on Kager Lane.;

DATE: Saturday, September 19, 2015

SITE: Comfort High School;

RACE TIMES: 7th Girls @ 9 A.M.; 7th Boys 9:30 A.M.; 8th Girls 10:00 A.M.; 8th Boys 10:30 A.M.;

BUS PARKING: Stadium parking lot, pressbox side;

CAR/PARENT PARKING: can park in same stadium lot or in lower lot between high school and baseball field;

REGISTRATION INFO: 1) Sign up day of meet; 2) Pay the day of meet/or mail before the meet to Coach Nabours at Comfort High School; 3) Map of course available on race day;

ENTRY FEE: \$40 per team, \$10 per athlete if less than 5 athletes entered. Make checks payable to **Comfort Cross Country**.

Teams indicated to attend so far: Comfort, Boerne MS North, Vanguard, Atonement Academy, Sonora, Gonzales

Contact Coach Billy Nabour (830) 456-9105 (Nabours' cell) or email at coach@ktc.com or billy.nabours@comfort.txed.net