

The 2015 Ennis Lions Den Invitational

Coach,

The Ennis Lions Cross Country team would like to invite your cross-country team to participate in our 16th annual Lions Den Invitational. The meet will be held at the Jaycee Park in Ennis on Saturday **September 26th, 2015**.

Schedule:			<u>Distance</u>
	Registration/ Packet Pickup	7:00	
	1 - 4A Varsity Girls	8:00	3200 meters
	5 - 6A Varsity Girls	8:15	5K
	1- 4A Varsity Boys	8:40	5K
	5 - 6A Varsity Boys	9:00	5K
	Lummus/Miller Challenge		1 mile
	JV Girls 1-4A	9:30	3200 meters
	JV Girls 5-6A	9:45	5K
	JV Boys (will be split at finish)	10:15	5K
	Jr. High Girls	11:00	3200 meters
	Jr. High Boys	11:15	3200 meters

(We start the second race before the first race has finished so have runners ready to go)

Entry Fee: \$10.00 per individual runner or \$ 50.00 per division.

** Entry fee may be paid at packet pickup (just let us know you're coming).

** Make checks payable to: Ennis Cross Country

Mail entry fees to: Ennis Cross Country
c/o Lonnie Redning
3101 Ensign Road
Ennis, TX 75119

Entries: Enter your runner(s) for the meet through www.athletic.net no later than Sept 24th.

Awards: The top **Two teams** in each division will receive trophies.
The **top two junior high** teams will receive trophies.
The **first 15 finishers** in each division will receive medals.

Course: The course is run mostly on grass, winding around the park. The terrain is mostly flat with a few small hills. This course offers parents and coaches an excellent view of almost the entire race.

Parking: Buses will park at park

Facilities: Restrooms will be available on-site. Water will be provided at the finish line. There will be concessions available.

If you have any questions, please contact me at (cell) 469-337-6476 or (school) 972-872-3878 or even e-mail me at RUNORDIE@yahoo.com or lonnie.redning@ennis.k12.tx.us . We hope to see you at our meet.

School Name: _____

Name of Coach: _____

Contact Phone Number of Coach: _____

TEAMS ATTENDING

_____ Junior High Boys

_____ Junior High Girls

_____ JUNIOR VARSITY BOYS

_____ JUNIOR VARSITY GIRLS

_____ VARSITY BOYS _____ 1A – 4A _____ 5A - 6A

_____ VARSITY GIRLS _____ 1A – 4A _____ 5A – 6A

\$50.00 each division

Mail entries to: Ennis Cross Country
 c/o Coach Redning
 3101 Ensign Road
 Ennis, TX 75119

Or fax to: 972-875-9044