



## 13<sup>th</sup> Annual FEAST Patriot Cross Country Invitational

Race Date: Saturday, September 12, 2015

Hosted by: FEAST Homeschool

Location: Alamo City Christian Fellowship, 6500 N. Interstate 35, San Antonio 78218

Schedule:

7:00	Registration Open/Walk the Course
8:00	Varsity Girls (2-miles); (10 runners max)
8:30	Varsity Boys (5000 meters); (10 runners max)
9:00	JV Boys (5000 meters); (unlimited # runners)
9:30	JV Girls (2-miles); (unlimited # runners)
10:00	High School Awards
10:30	MS Girls 2-miles (7/8 <sup>th</sup> grade division and 5/6 <sup>th</sup> grade division; unlimited # runners)
11:00	MS Boys 2-miles (7/8 <sup>th</sup> grade division and 5/6 <sup>th</sup> grade division; unlimited # runners)
11:30	KIDS FUN RUN

Timing: CHIP TIMING WILL BE USED with Finish Line Race Clock/Tower

Entry Fee: \$70 per Varsity Team; \$70 per JV; (\$260 maximum per high school divisions).  
\$60 per MS Team Divisions (4 divisions' total); (\$10 per individual if less than 6 runners entered).

Course: FAST COURSE!! Fan friendly, large open all grass course with a few hills and long 800m running straight-aways!!! Minor obstacles to include hay bales!!

Awards: Varsity Divisions: Team Championship & Runner up plaque.  
Junior Varsity Divisions: Team Championship plaque.  
(All Divisions); Individual Medals for top 15 each division.

**ATTENTION:** We are limiting the amount of schools entered in each Division. The sooner you indicate your desire to participate the quicker you will be guaranteed to run.

**Initial Sign-Up:** Indicate your desire to participate ASAP by e-mail to Coach Jones at [run4eternity@yahoo.com](mailto:run4eternity@yahoo.com). Send school name, coach name, phone, and estimated divisions/runners. Sign-up early!!

Registration: On-line Athlete Guild registration. I will send out registration information in August.

Payment: (Checks Payable to "FEAST"). No Refunds!

Send Checks to: [Family Educators Alliance of South Texas, 25 Burwood, San Antonio, 78216](#). Please indicate on the check school name (not just district) and "cross country," thank you. School entry fees are based on the website entries and not who actually runs the day of the meet since chip timing bibs will be used)

Contact: Coach Mark Jones- Cell (210) 360-9400 or email: [run4eternity@yahoo.com](mailto:run4eternity@yahoo.com)

- Plenty of Indoor Restrooms, Large Covered Pavilion, and Large area for team camps.
- Inclement Weather: we will run the meet in all weather. Delay start only if lightning in the immediate area per meet director on-site decision.
- Concessions: On-site, includes pre- and post-race variety of food and drink.
- Parking: Plenty of paved on-site parking including Bus parking.

I look forward having your team run with us this year!! I hope to make this one of your favorite Cross Country Races of the season!!

God Bless!!

Mark Jones  
FEAST Head CC Coach