

## **Gonzales Apaches**

## 4th Annual GONZALES APACHES MIDDLE SCHOOL ONLY

## **Cross Country Relays**

**MEET FORMAT=** TWO Divisions- Jr. High Girls and Jr. High Boys. 7<sup>th</sup> and 8<sup>th</sup> can be mixed into teams; each school can bring unlimited teams. A team will consist of (3) runners.

DATE: Wednesday---September 9, 2015

SITE: Independence Park, Gonzales TX

**DIRECTIONS TO INDEPENDENCE PARK:** Going South on HWY 183, Turn Right into Park about 1 mile after crossing over HWY 90. Stay on HWY 183 till you turn into the Park to your right if you are going south.

**BUS PARKING:** At the Park **CAR/PARENT PARKING:** At the Park

**REGISTRATION INFORMATION:** Please Email Confirmation and approximate number of teams of (3) you will bring. (Remember unlimited # of teams per school)

\*\*\*\*\*Sign up the day of the meet

\*\*\*\*\*Pay the day of the meet/or mail before the meet to <u>Attention:</u>

<u>Coach Doyle-Gonzales Cross Country</u>—1801 N. Sarah DeWitt Dr. Gonzales, TX 78629

**ENTRY FEE:** \$150 Per School. Unlimited entries of Girls and Boys

Make Checks payable to: Gonzales Cross Country – 1801 N. Sarah DeWitt Dr. Gonzales, TX 78629

**SCHEDULE:** 4 PM registration/check-in/pay

4:30 PM Coaches meeting at the Pavilion

**ROLLING SCHEDULE:** 5:00 PM Start Time

Mixed 7<sup>th</sup> and 8<sup>th</sup> Girls 3x1 mile = 3 miles per team Mixed 7<sup>th</sup> and 8<sup>th</sup> Boys 3x1 mile = 3 miles per team

A Team will consist of (3) team members, runners in the Girls and Boys Divisions will run one mile each to total 3 miles per team. This should be a fun way to start the Cross Country Season off. Coaches will need to bring a relay baton/or something that represents a baton for each team you bring. Remember that this is unlimited. Please bring as many kids as you can. If you end up with an odd # of runners not on a team, we will try to mix and match so kids can run on a team or extra kids can run the first leg or two legs of the relay with no awards.

AWARDS: Top 5 Teams of (3) in each division will receive medals. (Girls/Boys)

CONTACT/QUESTIONS: Cully Doyle 830-931-1318 or email at cdoyle2009@live.com