



Gonzales Apaches

4th Annual GONZALES APACHES Cross Country Relays

MEET FORMAT= Four Divisions- Varsity Girls/ Varsity Boys/ JV Girls/ JV Boys; each school can bring unlimited teams. A team will consist of (3) runners.

DATE: Saturday---August 22, 2015

SITE: Independence Park, Gonzales TX

DIRECTIONS TO INDEPENDENCE PARK: Going South on HWY 183, Turn Right into Park about 1 mile after crossing over HWY 90. Stay on HWY 183 till you turn into the Park to your right if you are going south.

BUS PARKING: At the Park **CAR/PARENT PARKING:** At the Park

REGISTRATION INFORMATION: Please Email Confirmation and approximate number of teams of (3) you will bring. (Remember unlimited # of teams per school)

*****Sign up the day of the meet

*****Pay the day of the meet/or mail before the meet to **Attention:**

Coach Doyle-Gonzales Cross Country—1801 N. Sarah DeWitt Dr. Gonzales, TX 78629

ENTRY FEE: \$35 per Team of (3) Runners

\$175 max per school Gender, if 5 or more teams entered

Make Checks payable to: Gonzales Cross Country— 1801 N. Sarah DeWitt Dr. Gonzales, TX 78629

SCHEDULE: 7:00-8:30am registration/check-in/pay

8:30am Coaches meeting at the Pavilion

ROLLING SCHEDULE: **8:45 am** VG 3x1mile REPEAT= 6 miles per team

VB 3x1 mile REPEAT= 6 miles per team

JVG 3x1 mile = 3 miles per team

JVB 3x1 mile = 3 miles per team

A Team will consist of (3) team members, runners in the JV Divisions will run one mile each, (will not repeat); a total of 3 miles per team. Runners in the Varsity Divisions will run a repeat relay; each runner will run 2 miles total (one mile at a time) Total distance for each team is 6 miles. This should be a fun way to start the Cross Country Season off. Coaches will need to bring a relay baton/or something that represents a baton for each team you bring. Remember that this is unlimited. Please bring as many kids as you can. If you end up with an odd # of runners not on a team, we will try to mix and match so kids can run on a team or extra kids can run the first leg or two legs of the relay with no awards.

AWARDS: Top 6 Teams of (3) in each division will receive medals. (VG, VB, JVG, JVB)

CONTACT/QUESTIONS: Cully Doyle 830-931-1318 or email at cdoyle2009@live.com