

# Richardson Independent School District

## LAKE HIGHLANDS HIGH SCHOOL

9449 Church Road, Dallas, TX 75238-1499

### LAKE HIGHLANDS INVITATIONAL CROSS COUNTRY MEET

*Meet Registration website:* <http://theendresultco.com/xc/>

**Date:** Saturday, September 12, 2015

**Race Site:** Norbuck Park, Northwest Highway & N. Buckner Ave. (150 N. Buckner Blvd.)

**Course:** 5A/6A Varsity & ALL Boys Divisions will race 5K  
All Varsity 1A/2A/3A/4A/Private Girls & ALL JV Girls 2.0 miles

**\*\*You may enter up to 2 teams of 7 in the varsity race.**

All courses are run entirely on grass/dirt trail

**Time Schedule:**

7:00 Registration  
7:30 Varsity Girls – 5A/6A (5K)  
8:00 Varsity Boys – 5A/6A (5K)  
8:30 Varsity Girls – 1A/2A/3A/4A/Private (2 mi.)  
9:00 Varsity Boys – 1A/2A/3A/4A/Private (5k)  
9:30 JV Girls – ALL DIVISIONS (2 mi.)  
10:00 JV Boys – ALL DIVISIONS (5K)

**Awards:** Trophies to Champion & Runner-Up teams per division  
Awards to top 20 in Varsity races and top 15 in JV races

**Entry Fees:** Varsity Divisions: \$100.00  
Junior Varsity Divisions: \$75.00  
All 4 Divisions: \$300.00

**Make Checks Payable & Send to:**

Lake Highlands Wildcat Club  
C/O Alonna Miller-Cross Country  
Lake Highlands Freshman Center  
10200 White Rock Trail  
Dallas, Texas 75238

**Questions:** Please e-mail, call, or fax Alonna Miller

**Fax Number:** 469-593-1327

**School e-mail:** [Alonna.Miller@risd.org](mailto:Alonna.Miller@risd.org)

**Cell Phone:** 469-235-3546

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### Entry Information

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September 12, 2015

We will adhere to a **STRICT registration cutoff of Wednesday, 9/9**. Thanks for your understanding.

**Note that you will enter your entire team at <http://theendresultco.com/xc/> website in advance (even if you are unsure who specifically will compete). On race day, you will declare your team members and issue your timing chips appropriately.**

**Fax Number: 469-593-1327**  
**School e-mail: [Alonna.Miller@risd.org](mailto:Alonna.Miller@risd.org)**  
**School Phone: 469-593-1345**  
**Cell Phone: 469-235-3546**

*Varsity entries will be limited to 7 runners per team. A school may enter more than one varsity team. You may have unlimited JV runners. **Please email Coach Miller by 9/9 to designate which athletes will be your Varsity A and Varsity B.***