



## LINDALE EAGLE INVITATIONAL CROSS COUNTRY MEET 2015

**Date:** Thursday, October 1, 2015  
**Race Site:** Garden Valley Golf Course  
**Address:** 22049 FM 1995 Lindale, TX

**Course:** Girls: 5K (5A-6A)  
2Mile (1A-4A)  
Boys: 5K

**Awards:** The Top 15 individuals in each race will receive a medal.  
The 1<sup>st</sup> and 2<sup>nd</sup> place teams in each race will receive a plaque or trophy

**Fee:** 1 Team \$75  
2 Teams \$150  
3 Teams \$225  
4 Teams \$300  
(Individual Runners - \$20)

**Check In:** 7:15-8:15 A.M. **\*\*\* Rolling Start - times subject to change**  
**Schedule:** 8:30 A.M. Varsity Girls (5A-6A) 5K  
9:00 A.M. Varsity Boys (5A-6A) 5K  
9:30 A.M. Varsity Girls (1A-4A) 2 mile  
10:00 A.M. Varsity Boys (1A-4A)  
10:30 A.M. JV Girls (5A-6A) 5K  
11:00 A.M. JV Girls (1A-4A) 2 mile  
11:20 A.M. JV Boys (All Divisions) 5K

**\*Unlimited number of entries per Division except Varsity Level.**

All individual entries must be submitted through <http://www.theendresultco.com/xc/>

**Deadline for Team entries is 48 hours before the meet on 10/1/2015**

Results will be posted on [www.timeandmeasure.com](http://www.timeandmeasure.com)

Course Maps online @ [www.runnervillexc.com/maps](http://www.runnervillexc.com/maps)

For questions contact: Adam McMahon - [mcmahonab@lisdeagles.net](mailto:mcmahonab@lisdeagles.net)

## LINDALE CROSS COUNTRY MEET

Please complete and return the following by email or fax to Adam McMahon, [mcmahonab@lisdeagles.net](mailto:mcmahonab@lisdeagles.net) or Fax 903-881-4300.

School \_\_\_\_\_

Coach \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Fax \_\_\_\_\_

Phone \_\_\_\_\_

Please check which of the following teams will be entered (with numbers if possible).

\_\_\_\_\_ JV Girls  
1A-4A or 5A-6A  
(please circle)

\_\_\_\_\_ JV Boys

\_\_\_\_\_ 5A-6A Varsity Girls  
\_\_\_\_\_ 1A-4A Varsity Girls

\_\_\_\_\_ 5A-6A Varsity Boys  
\_\_\_\_\_ 1A-4A Varsity Boys

Check Amount     \$ \_\_\_\_\_

You may bring the check to the meet or mail to:

Lindale Cross Country  
Attn: Adam McMahon/Barbara Rodriquez  
920 E. Hubbard  
Lindale, TX 75771

## Online Registration

Please go to the following link and register yourself and teams.

<http://theendresultco.com/xc>

You will have to create a new account, even if you used this website for a meet last year. Once you have your runner's entered it is easy to sign up for the race. Scroll down the list until you find the Lindale Eagle Invitational on October 1ST. Click on the boy or girl. Check which of your runners you wish to enter. Click save. Back to main menu. Do the same thing for the other gender and you are done. You do not have to specify who is running in what race. When they line up for the start the computer reads who is there and who isn't.

Hope this is easy for you. If you have issues you can send me an email or the website manager can help you if you click on the link.

Also, please fax or email your entries to Lindale High School Athletic Office  
903 881-4300

**Parking** – Look for signs off of FM 1995 for bus and car parking areas.

**Restrooms** – Facilities are limited.....port-a-potty's will be available.

**Water** – Please **bring** water for your teams. We will have water at the finish, but you will need extra before and after the race.

**Course** – (Subject to change): Many elevation changes – mostly grass – there are a couple of areas where the boys will run a short distance on a cart trail and over 2 bridges. Course will consist of a 1-mile loop for girls (small schools) and a 1 ½ mile loop for boys and girls (5A-6A).

**Concession:** There will be a concession stand

