

Benbrook MHS and South Hills High School Invite you to attend the

1st Annual Prowl in the Park

Cross Country Meet

- When:** Friday, September 25, 2015
- Location:** Dutch Branch Park, Benbrook, Texas 76126
- Course:** Hilly mowed grass, lake view, and very challenging
- Varsity Girls - 3 miles
- Varsity Boys - 3 miles
- Girls - 2 miles
- JV Girls - 3 miles
- JV Boys - 2 miles
- Awards:** Plaques for the first place team and medals for the top 15 individuals in each race will be awarded.
- Cost:** \$75.00 per team
\$250 maximum per school (fees due by Sept 15th)
- Check-in:** 7:00-8:00
- Meet schedule:**
- 8:00- Varsity Girls
 - 8:30- Varsity Boys
 - 9:00- JV Girls
 - 9:30- Girls 3200
 - 10:00- JV Boys
- Coach:** All Entries will be done through athletic.net. Entries will be closed by September 21, 2015. Information will be attached to your confirmation email.

School: _____

Coach Name: _____ **Email:** _____

Please circle division for girls:

TEAMS: VG _____ JVG _____ Girls 2 miles _____
VB _____ JVB _____

For more information, please contact:

Jason Dunkelberger – School Phone: 817-815-7100 Cell Phone 817-966-5697

Fax: 817-815-7150 Email: Jason.Dunkelberger@fwisd.org

Or Donna Warner 817-9462673

Make checks payable to: Benbrook Cross Country co/ Jason Dunkelberger
Benbrook Middle High School, 201 Overcrest Drive, Benbrook, TX 76126