

7th Annual LONE STAR "ELITE" TRACK & FIELD CLINIC

Dear Coaches,

It's time for the *Seventh* annual Lone Star "Elite" Track & Field Clinic. Once again you have the opportunity to listen to some of the best track and field coaches in the nation and because the clinic is located in North Dallas, you are just minutes from great shopping, the best restaurants and great night spots. Please Note: The clinic has moved to a "NEW" December date to avoid a conflict with the Texas A&M and University of Arkansas Indoor Track & Field Meets that are always held the first week of January. Indoor Track & Field is growing in popularity!

We have upgraded our clinic to the prestigious Sheraton Dallas North Hotel (across from the Galleria Mall)-a convenient location allowing you to enjoy dining, shopping, nightlife in the Dallas area. It is easily accessible from both DFW international Airport and Dallas Love Field. Our goal is to provide a comfortable environment with quality education that equips you with the information and tools necessary to reach success in your sport or event. We look forward to seeing you at the clinic.

Sincerely,

Steve Silvey
Clinic Director

LONE STAR "ELITE" TRACK & FIELD CLINIC

December 10th & 11th, 2010

SHERATON DALLAS NORTH HOTEL

Dallas, Texas

***Jeremy Fischer-USA Olympic Training Center
Lawrence Johnson-Clemson University
Chris Bucknam-University of Arkansas
Norbert Elliott-University of Tennessee
Andy Kokahanovsky-University of Kansas
Doug Brown-Ex-University of Florida
Rolando Greene-University of Arkansas
Paula Ogunbanjo-University of Louisiana
Bryan Compton-University of Arkansas
Dan Green-The Woodlands High School
Roger Brown-Skyline High School
Greg Williams-Lancaster High School
Steve Silvey-World Class Speed Development Camps***

"THE FINEST TRACK & FIELD CLINIC IN THE COUNTRY"

Clinic Hotel

Sheraton Dallas North Hotel
4801 LBJ Freeway (Interstate 635 North)
Dallas, Texas 75244
\$79.00 "SPECIAL" Room Rate
Hotel Phone (972) 661-3600 (Ext.1636 Sales)
Mr. Hank Re-Sales Manager
For the *"Special"* Lone Star Track Clinic rate you must contact Bri Biena-sales: Bbiena@sheratondallasnorth.com

Directions to Clinic

From the East: Take I-635, take the Dallas Parkway exit. Continue west on the access roads. Hotel is on the right.
From the West: Take I-635, take the Dallas Parkway exit. Turn left and the second light onto Dallas Parkway and left onto the service road. Hotel is on the right.

2010 Lone Star Track and Field Clinic Schedule

Friday December 10th, 2010

1:00pm to 6:00pm	Registration at the Sheraton Dallas North Hotel-Dallas	
2:00pm to 3:00pm	Roger Brown	Coaching the High School 800 meter Runner
3:15pm to 4:15pm	Paula Ogunbanjo	Training the Long Jumper/Triple Jumper
4:30pm to 5:30pm	Dan Green	Championship Distance Training
5:45pm to 6:45pm	Norbert Elliott	Sprint Training at the University of Tennessee
7:00pm to 8:00pm	A. Kokhanovsky	Coaching the "Elite" Shot & Discus Thrower
8:15pm to 9:15pm	Norbert Elliott	Training the 110 Meter High Hurdler
9:30pm to 10:30pm	Jeremy Fischer	Training the Combination High Jumper/Triple Jumper
10:00pm till Midnight	Coaches Social	Sponsored by: M-F ATHLETICS

Saturday December 11th, 2010

8:00am to 10:00am	Registration at the Sheraton Dallas North Hotel	
8:00am to 9:00am	Chris Bucknam	Championship Middle Distance Training
9:15am to 10:15am	Lawrence Johnson	Women's 100 Meter Hurdle Training
10:30am to 11:30am	Rolando Greene	Coaching the 400 Meter Runner/1,600 Relay
11:45am to 12:45am	Bryan Compton	Developing the High School Pole Vault
1:00pm to 2:00pm	Doug Brown	Transitioning from Cross Country to Track and Field
2:15pm to 3:15pm	Greg Williams	Building a Championship Program at Lancaster High School
3:30pm to 4:15pm	Steve Silvey	300 Meter Hurdle Training

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2010-Lone Star "Elite" Track and Field Clinic Application

SCHOOL: _____ HEAD TRACK COACH: _____

E-Mail Address: _____ CELL PHONE: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

Number of Coaches Attending: _____ 1.) _____
 2.) _____ 3.) _____
 4.) _____ 5.) _____
 6.) _____ 7.) _____

Registration Fee: **\$100.00 Pre-Registration (Post marked prior to December 3rd, 2010)**
\$125.00-Late Registration after December 4 to 11th (Sorry, No school purchase Orders)

Refund Policy: No Refunds except for a credit towards next year's clinic (Must Provide a Doctors Note prior to Clinic)

Make your check payable to: Championship SSE Products Federal Tax ID: #62-169-0160 Amount \$ _____

Mail Your Registration Form To: Steve Silvey
Championship SSE Products
 6601 W. Plano Parkway #814
 Plano, Texas 75093

PHONE: (972) 307-3545 Cell (972) 489-6679 E-Mail Contact: WCSpeed@hotmail.com

Register on line for the Lone Star T & F Clinic by going to: SSEproducts.com

"The FINEST Track & Field Clinic in the Country"

Discount Air Travel to Dallas, Texas

Southwest Airlines fly's into its main hub at Dallas-Love Field. Love Field is just 12 miles south of the Sheraton Dallas North Hotel. This is about a 15 minute drive by car from the Dallas-Love Field Airport using either I-35 or the North Dallas Toll Road. To secure the cheapest airfare from southwest airlines go to:

Southwest.com

Once you are on their site, comparing price options, put in your flight information and to receive the largest discount book a flight from the category

"WANNA GET AWAY" (**website only discount**)

This can be found on the far right side of the screen. It is very important that you book your flight 4-5 weeks in advance, to save the most money for your air travel.

DISCOUNT RENTAL CAR

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Kansas City, MO
Las Vegas, NV
Little Rock, AR
Lubbock, TX
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Lone Star "ELITE" Track & Field Clinic

December 10 & 11th, 2010

SPEAKER BIOS

Guest Speaker - Doug Brown



Doug Brown, a Michigan native, came to the University of Tennessee in 1971 and proceeded to win nine All-American honors in cross-country and track, including two NCAA steeplechase championships. Doug led the Vols to the 1972 NCAA team title in cross-country and the 1974 outdoor national championship. His collegiate success helped him earn a spot on the U.S. Track & Field team in three different Olympiads ('72, '76, '80).

In 1985 Doug Brown succeeded legendary coach Stan Huntsman at the University of Tennessee, when Stan moved to Austin to take over the programs at the University of Texas. Brown built upon the tradition of excellence that Chuck Rohe and Stan Huntsman had begun when in his first season the Vols captured the SEC "Triple Crown", sweeping the cross-country, indoor and outdoor track titles.

From 1985 to 1996 Brown led the Vols to seven SEC titles and nine top-five national finishes, including the 1991 NCAA Outdoor Track & Field title. In 1996 Doug moved to Gainesville, Florida to become head track and cross-country coach at the University of Florida. In Doug's combined SEC career his athletes have earned 96 SEC Academic Honor roll selections. In all, Brown has coached 53 athletes to 134 All-American honors, with four of his athletes becoming Olympians. He has earned SEC Coach-of-the-Year honors ten times in addition to NCAA Division I Coach-of-the-Year following the 1991 NCAA

championship season. Brown was also recognized by his peers when he was named an assistant U.S. track & field coach for the 1996 Olympics in Atlanta.



[Chris Bucknam](#)

Head Men's Track and Field Coach
University of Arkansas

Head coach Chris Bucknam is in his third season at the helm of Arkansas Razorback men's cross country and track and field. Following 25 seasons at Northern Iowa, Bucknam was named Arkansas' head coach on June 27, 2008. Propelled by five event titles, including two from Dorian Ulrey, and two runner-up finishes, the Razorbacks won the team title at the 2010 SEC Indoor Championships. Ulrey took wins in the mile, 3,000 meters and as the anchor of the distance medley relay, Scott MacPherson won the 5,000 meters and Alain Bailey won the long jump.

Ulrey was named the 2010 SEC Indoor Runner of the Year and Bucknam was named the 2010 SEC Indoor Coach of the Year, both for the second-straight season. Ulrey, the 2010 NCAA Indoor South Central Region Runner of the Year, and Bucknam, the 2010 NCAA Indoor South Central Region Coach of the Year, were also honored for the second-straight season. Ulrey's outstanding season started with a sixth-place finish and All-America honors at the 2009 NCAA Cross Country Championships. Ulrey was the 2009 SEC Cross Country runner-up and won the title at the 2009 NCAA South Central Region Championships. Ulrey was also named the 2009 NCAA South Central Runner of the Year for his cross country efforts.

The Razorbacks won the 2009 NCAA South Central Region Cross Country Team title and posted a runner-up finish at the 2009 SEC Cross Country Championships. The 2009-10 season saw the Razorbacks earn 23 All-SEC honors. Additionally, Solomon Haile was named the 2009 SEC Freshman of the Year in cross country and Lane Boyer was named CoSIDA *ESPN the Magazine* Academic All-District. The 2008-09 season was another successful one for the Razorbacks as the squad captured both the Southeastern Conference Indoor and Outdoor team titles. Bucknam was named the 2009 SEC Indoor and Outdoor Coach of the Year and the 2009 NCAA South Central Indoor and Outdoor Regional Coach of the Year. In his first season as head coach, Arkansas student-athletes won 10 SEC individual titles and earned 16 All-America honors.

At the 2009 SEC Outdoor Championships, Arkansas student-athletes picked up six individual titles: Bailey (high jump and long jump), Shawn Forrest (5,000 meters), MacPherson (3,000-meter steeplechase), Alex McClary (800 meters) and Ulrey (1,500 meters). The Razorbacks added to their winning point total with two runner-up finishes from seniors Nkosinza Balumbu (triple jump) and Andy McClary (1,500 meters). The Razorbacks topped Florida's 129 points with a score of 141 points. At the 2009 SEC Indoor Championships, the Razorbacks won four individual and relay events (800 meters, mile, 3,000 meters, distance medley relay) and earned seven runner-up finishes (60 meters, 200 meters, mile, 3,000 meters, 5,000 meters, long jump and triple jump). Arkansas scored 130 points to Florida's 102.

Outdoors, Bailey was named the SEC Field Athlete of the Year and Tarik Batchelor was named the SEC Freshman Field Athlete of the Year. At the 2008 SEC Cross Country Championships, four Razorbacks earned All-SEC honors including two named to the SEC All-Freshman Team. MacPherson went on to earn All-America honors with a 32nd-place finish at the NCAA Championships. Arkansas earned a runner-up finish and an automatic bid to the NCAA

Championships at the NCAA South Central Region Championships. MacPherson was the top finisher in bronze place and six members of the squad earned all-region honors.

Ulrey had a stellar first season with the Razorbacks as he earned four All-America honors (1,500 meters, mile, 3,000 meters, distance medley relay) and won three SEC individual titles (1,500 meters, mile, 3,000 meters). Under Bucknam's guidance, he anchored the distance medley relay to a school-record time of 9:28.35 with his 3:54 1,600-meter anchor. At the 2009 USA Championships, Ulrey picked up a bronze finish in the 1,500-meter finals to earn a spot on Team USA for the 2009 IAAF World Championships in Berlin, Germany. Ulrey picked up the "A" standard in Rome with his clocking of 3:35.23, the second-fastest time in school history. In Berlin, representing Team USA, Ulrey advanced to the semifinals of the 1,500 meters. He clocked a qualifying time of 3:38.86 and a semifinal time of 3:39.33. Ulrey earned ESPN the Magazine Academic All-District and All-America honors with his 3.50 GPA as a sociology major. He was named the SEC Indoor Runner of the Year, the SEC's Scholar-Athlete of the Year and was the recipient of the SEC Sportsmanship Award.

Bucknam guided his UNI teams to 35 league titles, two top-10 and six top-20 finishes at NCAA Indoor and Outdoor Championships. A 33-time conference coach of the year, Bucknam produced three national champions and an outstanding 34 All-Americans, who earned a total of 85 All-America awards. That includes seven athletes who earned top-three finishes in NCAA championships competition, three of which came in 2008. In all, Bucknam has sent 146 qualifiers to the NCAA indoor and outdoor championships.

He was Northern Iowa's head men's track and field coach from 1984-2008 and the women's head coach from 1997-2008 after beginning his career as a men's assistant at UNI in 1979. UNI earned 69 All-America honors from 2000-08, including 51 total from 2005-2008. UNI's 47 men's All-Americans from 2005-08 ranked as the 10th-most in the nation over that time. UNI dominated the action at the conference level in Bucknam's era. During his time as an assistant and head coach, UNI won or shared 38 conference titles (Mid-Continent and Missouri Valley). UNI won nine-straight MVC men's indoor titles (2000-2008). Bucknam also guided the Panthers to 25 MVC team titles and 231 MVC individual crowns.

Bucknam wrapped up his 25th season with the Panthers and tallied an all-time best outdoor showing for the program as UNI notched an 11th-place finish (22 team points) at the 2008 NCAA Outdoor Championships in Des Moines, Iowa. The Panthers put on quite a show for the home state as they crowned nine All-Americans who earned a total of 11 All-America certificates in seven events. UNI also posted back-to-back ninth-place finishes at the 2007 and 2008 NCAA Indoor Championships.

In the men's NCAA Outdoor Championships, his team's high finishes were 11th in 2008, 17th in 1997, 39th in 2001, 42nd in 1999, 52nd in 2006 and 54th in 2005. In the men's NCAA Indoor Championships, his teams had high finishes of ninth in 2008 and 2007, 12th in 2002, 18th in 2006, 20th in 2001, 28th in 2005 and 44th in 1996. Bucknam's men's teams won 11 Missouri Valley Conference indoor titles, six MVC outdoor titles and four cross country championships. His women's teams won two indoor titles, an outdoor title and a cross country title. His men's teams had a current streak of nine-straight conference indoor titles (2000-08) and won three of the last four outdoor championships.

He also won 10 men's titles while UNI was a member of the Mid-Continent Conference, including five indoors, two outdoors and three in cross country. After moving from the Mid-Continent to the Missouri Valley in 1992, Bucknam's men's teams won 21 league titles and finished second 13 times while producing 231 individual event champions. A 24-time MVC Coach of the Year, he was named United States Track & Field and Cross Country Coaches Association (USTFCCA) Midwest Region Coach of the Year nine times, including five straight (1995, 2000, 2001, 2002, 2004, 2005, 2006, 2007, 2008). His USTFCCA honors include an indoor award for his men's team and an outdoor honor for his women's team in 2008.

Before UNI moved to the Missouri Valley, he earned nine Mid-Continent coach of the year awards in seven seasons. Under Bucknam's tutelage, Joey Woody was a three-time UNI All-American and 1997 national champion in the 400-meter hurdles. He placed second in the 400-meter hurdles at 2003 World Championships and was a member of the 1999 World Champion 4x400-meter relay team.

Former UNI pole vaulter Jacob Pauli, also a member of Bucknam's squads, took the 2001 NCAA Indoor title and earned All-America honors five times. Pauli continues to compete internationally, including a third-place finish at the 2007 USA Outdoor Championships and a 15th-place showing at the 2007 World Championships. Cedar Falls, Iowa native Dirk Homewood became an MVC legend as a member of Bucknam's squads, as he earned nine Valley championships and three All-America honors from 2001 to 2005. Bucknam coached back-to-back MVC men's cross country champions in Mate Nemeth (2000) and Balazs Csillag (2001). Csillag also earned three MVC track championships and was a two-time track All-American in the distance medley relay and 3,000 meters.

A native of Beverley, Mass., Bucknam attended Norwich University in Northfield, Vt., where he was a cross country and track letterman. He was elected cross country co-captain his senior year and is a member of the Norwich Athletic Hall of Fame. He earned his bachelor's degree in physical education in 1978. He earned his master's degree in physical education from Northern Iowa in 1982.

He and his wife, Cindy, are the parents of a son, Eric, and a daughter, Kate.



Rolando Greene University of Arkansas

Associate head coach Rolando Greene begins his 15th season at the University of Arkansas with the start of the 2010-11 season. Charged with handling the sprints, hurdles, horizontal jumps and multis corps for the Razorbacks, under Greene's tutelage the Razorbacks are moving to the front of the pack among the NCAA and the SEC in the women's sprints and relays.

During his 20-plus years of coaching on the collegiate level, Greene has guided 82 All-Americans, six Olympians and three student-athletes who have competed at the World Championships. During Greene's 14-year tenure at Arkansas, he has coached four student-athletes to five NCAA event titles, five Olympians, 11 SEC Champions, 24 athletes who have earned 68 All-America honors in 11 different events, two SEC Runners of the Year and an SEC co-Freshman Runner of the Year and two U.S. Track and Field and Cross Country Coaches' Association (USTFCCCA) South

Central Region Runners of the Year.

Additionally, his student-athletes have competed at the World Junior Championships, the World University Games, the Pan Am Games, the NACAC U-23 Championships and the Senior Central American Championships. He has served on the coaching staffs for the Central American Championships and the NACAC U-23 Championships. Greene's student-athletes had another history-making season in 2010. The Razorbacks' indoor and outdoor 4x400-meter relay teams swept the SEC titles in the event, winning for the first time in school history. Shelise Williams won the SEC Indoor title, earned an SEC Outdoor runner-up finish and picked up two All-America honors in the 400 meters en route to setting indoor (52.43) and outdoor (51.71) school records in the event. She was also a member of the 4x400-meter relays that earned indoor and outdoor All-America honors.

Regina George had an outstanding freshman campaign. With the ability to compete in both the 400 meters and the 800 meters, George focused on the quarter-mile race and saw a great outcome. She was named the 2010 SEC Indoor co-Freshman Runner of the Year and at the 2010 SEC Outdoor Championships, she scored points in every event she competed in (200 meters, 400 meters, 4x100-meter relay and 4x400-meter relay). She picked up four All-America honors in 2010: indoor 4x400-meter relay, indoor distance medley relay, outdoor 400 meters and outdoor 4x400-meter relay. She also earned four SEC Freshman Runner of the Week honors. In 2010, Greene's Razorbacks set school records in the indoor 300 meters, 400 meters, 4x400-meter relay, distance medley relay and the pentathlon 800 meters and in the outdoor 400 meters and sprint medley relay. Greene's student-athletes earned three SEC titles and five student-athletes earned 13 All-America honors.

The success continued into the summer months with Williams and George picking up gold medals in international competition. Williams won gold in both the 400 meters and as a member of the 4x400-meter relay as a member of Team USA at the NACAC U-23 Championships. George picked up gold as the anchor leg of the Team USA 4x400-meter relay at the World Junior Championships. She also finished sixth in the open 400 meters. In 2006, former Razorback Tominque Boatright broke both the University of Arkansas' indoor and outdoor 400-meter records giving student-athletes coached by Greene a clean sweep of every sprints, hurdles, relays and multi-event record. His assault on those marks began in his first season at the UA, and as the 2011 season begins, none of the 16 records are older than 1998 and all but two were set after the millennium.

Promoted to associate head coach in the spring of 2000, Greene put together back-to-back unprecedented seasons in 2004 and 2005 when two of his student-athletes swept the 200-meter national championships at the NCAA Indoor and Outdoor meets the first year, then backed it up with an Aneita Denton sweep of the 800-meter titles in 2005. The 2004 200-meter duo, Veronica Campbell-Brown and La'Shaunte'a Moore, were also participants at the Athens Olympics.

Greene is deeply involved in coaching Arkansas' multi-event athletes as well. During his time with the Razorbacks, Arkansas has produced four All-America student-athletes in the tough event, including a pair of 5,700-point heptathlon scorers during the 2000 season. His work with Gi-Gi Miller in 2000-01 was the foundation of her rise to U.S. Champion in the heptathlon at the 2006 USATF National Championships. In 2009, Etienne Chaplin won the latest of a string of SEC multi-event titles with her win in the outdoor heptathlon at the SEC Championships. Arkansas' newest breed of multi-eventers, Leah Orley and Makeba Alcide, has already made their stamp on the Razorback record books. Alcide and Orley, respectively, picked up sixth- and eighth-place finishes in the heptathlon at the 2010 SEC Outdoor Championships. In the SEC indoor pentathlon, Orley earned a seventh-place finish and was named to the SEC All-Freshman team. She also set a school record in the pentathlon 800 meters. In the three pentathlons and one heptathlon she competed in during the 2010 season, Orley won the 800-meter event all four times.

Greene is also an active contributor in the middle distances, mentoring the Razorbacks' 800-meter runners. Former Razorback Denton became just the third woman in NCAA history to sweep

national titles in both the indoor and outdoor 800 meters during the 2005 season. She also posted the sixth-fastest indoor 800-meter time in NCAA history (2:01.96) and was the anchor of Arkansas' 4x800-meter relay team that ran the fastest time in the world in the spring of 2005 (8:29.13). Greene has been recognized by his peers with the 2004 U.S. Track and Field and Cross Country Coaches' Association (USTFCCCA) National Assistant Coach of the Year award. He was also named the USTFCCCA's Mideast Region Sprint Coach of the Year in 2007.

Prior to arriving in Fayetteville in the fall of 1996, Greene was an assistant coach with the Minnesota Golden Gophers' women's track team. He spent six seasons as an assistant at what is now Missouri State University after graduating from Murray State. A native of Nassau, Bahamas, Greene is married to former Razorback LaTayna Stewart, who ran in the early '80s. The Greene family includes a daughter, Charisse; three sons, Cameron, Isaiah and Jacob; and two grandchildren, Tylan and Caleb.

Bryan Compton

University of Arkansas-Field Events



Joining the Razorbacks in the fall of 1998, Bryan Compton has proven to Arkansas that he was an invaluable addition for its coaching staff. In 12 years of working with the Razorback throwers and vaulters, Compton's student-athletes have set 13 school records a total of 65 times, not including numerous heptathlon marks.

Arkansas' resident vault expert was recognized for his contributions during the spring of 2005 when he was named the U.S. Track and Field and Cross Country Coaches' Association's (USTFCCCA) Mideast Region Assistant Coach of the Year. That season his athletes earned two All-America honors, broke a pair of school records and each of the student-athletes he coached earned a spot at the NCAA Mideast Regional Championships, including four pole vaulters.

Compton's expertise in the vault is the biggest addition to the Arkansas arsenal. In the past 12 years, he has coached nine student-athletes to 23 All-America honors, nine Southeastern Conference championships and a trio of SEC championship records. One of his most recent protégés, Jodi Unger, earned four All-America honors during the 2006 and 2007 seasons and was the NCAA runner-up in the pole vault outdoors as a senior.

Tina Sutej rose to the top in 2010. She swept the SEC Indoor and Outdoor pole vault titles and set the Arkansas and SEC Indoor meet record at 14-7.5. She earned a runner-up finish and the first All-America honor of her career at the 2010 NCAA Outdoor Championships. At the 2010 SEC Outdoor Championships, Sutej led a 1-2-3 finish for Arkansas in the pole vault. Compton's

vaulters finished 1-3-5 at the 2010 SEC Indoor Championships. Arkansas has won four-straight titles in the SEC outdoor pole vault (2007-10).

During the summer season, Sutej set a school record in the pole vault. At the Slovenian National Championships, in Velenje, Slovenia, Sutej won the pole vault title with a clearance of 14-9. Her height also improved her Slovenian National record. Her mark of 14-9 also meets the "B" qualifying standard for the 2011 World Championships in Daegu, Korea and the 2012 Olympic Games in London.

Sutej also cleared 14-7.25 at the 21st International Meeting "Krka 2010" in Novo Mesto, Slovenia. Sutej holds the No. 1 and No. 2 jumps in school history and three of the top five clearances on Arkansas' all-time list. At the 2010 European Championships, she finished 10th in the finals of the vault with a height of 14-3.25.

In 2008, Katie Stripling carried on the strong pole vault tradition as she became the first Razorback to win both the SEC indoor and outdoor titles in the same season. She re-set the school record to 14-2 at the Arkansas Twilight and then to 14-3.25 at the NACAC Championships, earned her first All-America honor at the NCAA Outdoor Championships and won the vault title at the 2008 NACAC Championships in Mexico. Her bronze finish at the NCAA Championships picked up an All-America certificate.

Stripling carried over her success from 2008 into the 2009 season. She picked up two additional All-America honors and the 2009 SEC Outdoor individual title. Winning her third conference pole vault title and second outdoors, she cleared 14-5.25. Stripling's clearance was an Arkansas record and is an SEC meet record.

Prior to Stripling and Unger's emergence, Compton was best known for his work with former Razorback and 2008 Olympian April Steiner Bennett. A novice in the event when she arrived on campus in the fall of 2000, Steiner Bennett quickly became a household name and was the first woman in SEC history to clear 13 feet in the event indoors. She earned three-consecutive All-America honors indoors and set the standards for all Arkansas vaulters with then-school records exceeding 14 feet, both indoors and out.

Compton's magic touch is not limited to the vault but to the other disciplines he coaches as well. In the throws, Compton guided Marie LeJour to Arkansas' first SEC Commissioner's Trophy by a non-distance runner, as well as its first conference championship in a throwing event. The summer following her breakthrough year, LeJour went on to win the first of her two Canadian National Championships in the discus.

Blackwood holds the Arkansas records in the indoor weight throw and the outdoor hammer throw. She marked a toss of 68-6.5 in the weight throw at the 2005 NCAA Indoor Championships in Fayetteville, Ark. Her best hammer throw measured 192-9 at the 2005 NCAA Midwest Regional Championships in Bloomington, Ind.

Her school record weight throw in Fayetteville also earned her an All-America honor. She finished ninth at the 2005 NCAA Indoor Championships. She is one of just two Arkansas student-athletes to earn an All-America honor in a throwing event. LeJour earned the accolade in the weight throw at the 2002 NCAA Indoor Championships.

Added to his list of responsibilities in 2002 was the high jump and Compton once again produced. He coached Jessica Johnson to Arkansas school records both indoors and out, breaking the then-oldest school records in the books. With the records in hand, Johnson went after bigger and better things, taking Arkansas' first-ever All-America honor in the high jump and finishing as national runner-up in the spring of 2003 with a clearance of 6-1.25.

Prior to his time at Arkansas, Compton made stops at Wichita State, Illinois State and Texas Tech

for a combined eight-plus years. During that time period, he coached athletes to NCAA finals, Olympic Trials and numerous conference championships. Compton came to Arkansas from Wichita State, where he served as assistant track coach in charge of throws. In three years with the Shockers, Compton coached five All-Americans who garnered a total of eight honors.

Not only has Compton been an accomplished coach over the past 20-plus years but he was also a good athlete in his own right. A varsity track athlete at Angelo State, Compton was a national qualifier for the NCAA Division II National Championships in both 1983 and 1984 in the long jump and the sprint relay. Compton earned his bachelor's degree in physical education and biology from Angelo State in 1985. He has a son, Austin.

Lawrence “Boogie” Johnson Clemson University



PROFILE

Position:
Director of Track & Field & Cross Country,
Head Coach

Areas:
Hurdles, Relays, Horizontal Jumps, Multi-
Events

Lawrence Johnson is in his first season as the Director of Track & Field and Cross Country at Clemson. Johnson was hired at Clemson in late July after serving as an assistant for four years with the Virginia Tech track & field program. Most recently, Johnson had served as the Associate Head Women's Coach for the Hokies' 2007-08 season.

"This is a fantastic opportunity to continue to build upon one of the most storied track & field programs in the ACC," Johnson said. "I would like to thank the University, the athletic administration, and the entire Clemson family, for having faith and confidence in my ability to direct this track & field program."

Johnson does not have aspirations of simply being a "figurehead" for the program at Clemson, thus he has accepted the challenge of coaching student-athletes over widespread events in his first year at the helm. He will oversee instruction for the men's and women's quarter mile, mile relay, high hurdles, intermediate hurdles, jumps, and women's multi-event athletes.

Johnson, 33, was one of the top assistant coaches in collegiate track & field, especially when considering the credentials of his student-athletes over the past two seasons. He coached the sprints, hurdles, jumps, and multi-events for the men and women at Virginia Tech. He was named 2008 Southeast Region Assistant Coach-of-the-Year by the U.S. Track & Field coaches' association because of his efforts.

Johnson's groups were a big reason the Hokies claimed four straight ACC championships and two consecutive NCAA East Region titles on the women's side since 2006-07. In 2007, Johnson was named National Assistant Coach-of-the-Year for women's sprints and hurdles.

"Clemson athletics is very fortunate and excited to name coach Johnson as our Director of Track & Field and Cross Country," said Barbara Kennedy-Dixon, Associate Athletic Director at Clemson. "He is known as a great recruiter and for developing student-athletes into world class competitors. He will certainly build on the strong foundation established with the men's program and return the women's program to prominence in the ACC and on a national level. He understands what it takes to build conference and national championship teams, as a coach and as a student-athlete. Coach Johnson will be a great addition to the Clemson family."

In total, Johnson coached 10 NCAA All-Americans and 17 ACC champions in his four years with the Virginia Tech program. He also coached eight NCAA East Region individual champions. In 2008, he coached the Tech women's sprinters and hurdlers to historic seasons. One of his athletes, Queen Harrison, earned a spot on the United States roster for the Olympic Games in Beijing, China. Under Johnson's watchful eye, Harrison became the first female in Virginia Tech athletics history to be named to a U.S. Olympic team.

Also in 2008, Harrison was named Southeast Region Track Athlete-of-the-Year after setting ACC records in winning both the 100m and 400m hurdles at the NCAA East Regional in Tallahassee, FL. Harrison was also ACC champion in the 400m hurdles and runner-up in the 100m hurdles. She was an NCAA All-American indoors in the 60m hurdles. Johnson coached another exciting sophomore to great individual success in 2008. Kristi Castlin was NCAA runner-up in the 60m hurdles during the indoor season, then ACC champion in the 100m hurdles outdoors. She was also All-Region in the high hurdles outdoors after a fifth-place finish in Tallahassee.

Johnson also led the women's 4x400m relay team to ACC championships in 2008, both indoor and outdoor. The 4x4 team went on to finish runner-up in the NCAA East Region, while the 4x100m relay also qualified for the NCAA Outdoor Championships. He coached the ACC's indoor 60m champion as well, Patrice Potts. Off the field, one of his athletes, Sherlenia Green, was a CoSIDA Academic All-American. The 2006-07 season put the Virginia Tech women's sprints and hurdles group on the map from a national standpoint. Johnson coached three NCAA indoor All-Americans, as well as three individual ACC champions. He coached Harrison to All-America status in both the 100m and 400m hurdles, while Castlin earned the honor in both the 60m hurdles and 100m hurdles. Castlin won the NCAA East Region championship in the 100m hurdles, while Harrison claimed the first of her two regional crowns in the 400m hurdles. Johnson also coached Potts to ACC titles in both the 60m and 100m dashes.

Johnson's student-athletes have experienced great success on the international scene as well. Both Castlin and Harrison earned gold medals in the summer of 2007 at the Pan American Junior Championships. Castlin won the 100m hurdles with a meet record, while Harrison accomplished the same feat in the 400m hurdles. Harrison was also silver medalist in the 100m hurdles. Castlin was silver medalist in the 100m hurdles at the NACAC Under-23 Championships earlier this month in Mexico.

Prior to his four-year appointment at Virginia Tech, Johnson spent two years as an assistant at Southern Illinois. Prior to that stop, he assisted with the instruction of sprints, hurdles, and jumps at the University of Arkansas from 1999-2002. The Razorbacks won back-to-back SEC "triple crown" championships during that time. Johnson earned an undergraduate degree in kinesiology from Arkansas in 2000. He earned one varsity letter with the Razorbacks' nationally-renowned program. As a sprinter, he helped Arkansas to four SEC indoor and outdoor championships and the 1998 NCAA Outdoor national championship. He competed under legendary coach John McDonnell, who retired this year after leading Arkansas to an unprecedented 42 NCAA championships.

In 1995, Johnson was a member of the "triple crown" national championship track & field team at Blinn College in Texas. He also was a 1996 South Coast Conference champion in the 400m at Long Beach City College before moving on to Arkansas. Johnson is married to the former Lilly Montgomery, a former communication skills instructor at Virginia Tech. She is a Ph.D. candidate. The couple has four children, Desirae (13), Lawrence (8), Laniah (4), and Lukas (3).

Andy Kokhanovsky-Kansas



PROFILE

- ▶ **Position:**
Assistant Coach - Throws
- ▶ **Experience:**
Fifth season at KU
- ▶ **College:**
Abilene Christian '98

Andy Kokhanovsky is entering his fifth year as a member of the Kansas track and field coaching staff, serving as the throws coach.

COACHING ACCOMPLISHMENTS

- In Kokhanovsky's first three seasons in Lawrence, his athletes have garnered 13 All-America honors, six conference championships and two national championships.
- In 2008, Kokhanovsky coached Egor Agafonov to his second-consecutive National Championship in the weight throw, as well as his fifth and sixth All-America honors (weight throw, hammer throw) and his third-consecutive Big 12 Championship in both the hammer throw and the weight throw.
- Also in 2008, Kokhanovsky tutored Stephanie Horton to All-America honors in the shot put at both the NCAA Indoor and Outdoor Championships.
- In 2007, Kokhanovsky coached junior Egor Agafonov to the indoor and outdoor conference championships in the weight throw and hammer throw, respectively. Agafonov earned All-America honors in both events and won the 2007 weight throw national championship.
- Also in 2007, Kokhanovsky led Zlata Tarasova to the first women's hammer throw conference championship in school history.
- In 2006, Kokhanovsky guided Agafonov to two Big 12 Championships (indoor weight throw and outdoor hammer throw) in Agafonov's first season in intercollegiate athletics. Agafonov went on to earn All-America accolades with his second-place finish at NCAA Indoor Championships in the weight throw and a fifth-place finish at the NCAA Outdoor Championships in the hammer throw.
- Kokhanovsky oversaw the culmination of six-time All-American Sheldon Battle's career. In 2006, Battle repeated as the Big 12 indoor shot put champion and scored points at the Big 12 Outdoor Championships in

shot put (second), discus (second) and hammer throw (seventh). Battle was named the Midwest Region Field Athlete of the Year.

- Also in 2006, Kokhanovsky coached Denita Young to outdoor All-America honors in the javelin and Stephanie Horton to a bronze at the USATF Junior Outdoor Championships.
- At Louisiana-Monroe, Kokhanovsky's athletes qualified for a total of 11 NCAA regional championships and set seven school records.
- In his three years at McNeese State, Kokhanovsky coached All-American Samantha Chesson in the javelin as well as Kristjan Rahnu, who was the Southland Conference champion in the decathlon in 2001.

PROMINENT PUPILS

- Stephanie Horton (Kansas) - Two-time All-American in the shot put (2008 indoor and outdoor) - Holds both Kansas school records in the shot put Indoor - 16.80 meters (55-01.50 ft.) Outdoor - 16.52 meters (54-02.50 ft.)
- Zlata Tarasova (Kansas) - 2007 Big 12 Champion (Hammer Throw) - Holds two school records (weight throw, hammer throw) Weight Throw - 18.97 meters (62-03 ft.) Hammer Throw - 62.95 meters (206-06 ft.)
- Egor Agafonov (Kansas) - Two-time National Champion in the weight throws (2007 and 2008 NCAA Indoor Championships) - Six-time All-American Weight Throw (2006, 2007, 2008) Hammer Throw (2006, 2007, 2008) - Six-time Big 12 Champion Weight Throw (2006, 2007, and 2008) Hammer Throw (2006, 2007, and 2008) -School record holder in the hammer throw (233-00 ft.)
- Sheldon Battle (Kansas) - Three All-America honors in 2006 Weight Throw and Shot Put (Indoor) Shot Put (Outdoor) - 2006 Big 12 Champion (Indoor Shot Put)
- Denita Young (Kansas) - 2006 All-American in the javelin
- Scott Russell (Kansas) - 2008 Olympian for Canada, placed 10th in the javelin
- Kristjan Rahnu (McNeese State) - Southland Conference Champion in the decathlon (2001)

Kokhanovsky graduated from Abilene Christian University in 1998 with a B.S. in education. In 1996, he set a Division II national record in the discus with a throw of 211-5. He was also the national champion and an All-American in the event. In the same year, Kokhanovsky represented the Ukraine in the discus at the Olympic Games in Atlanta.

Before his time in Abilene, Kokhanovsky competed at Blinn Junior College where he set the national record for junior colleges in the discus in 1995 with a throw of 210-8. He was an All-American and the national champion in the discus in 1994 and 1995 at Blinn.

In addition to his time as a collegiate thrower and coach, Kokhanovsky was a member of the Soviet Union and the Ukrainian national teams from 1984-1993. In 1989, he won the USSR national championships in the discus and in 1992 was ranked as high as 12th in the world in that event after throwing his personal record of 215-05. He has competed in the World University Games in Germany (1989), England (1991) and the United States (1993). Additionally, Kokhanovsky held the Soviet national high school record (ages 17 and younger) in the discus with a throw of 215-02. He was also a member of the Soviet junior national team where he competed at the 1986 Junior World Championships in Greece, finishing ninth.

Kokhanovsky holds a Level I and II USA Track and Field coaching certification and a USA Weightlifting coaching certification. He resides in Lawrence with his wife Marissa and newborn daughter, Ana-Claire.

Norbert Elliott

University of Tennessee

Sprints/Hurdles



Norbert Elliott is in his sixth season as an assistant coach at the University of Tennessee, heading the men's sprints and hurdles contingent. His Big Orange athletes have earned 26 All-America certificates, broken four school records, claimed eight Southeastern Conference individual championships and won two NCAA individual titles.

The 2009 season saw Elliott's top sprinter, Evander Wells, add to his already very long list of accomplishments by earning two All-America certificates at the NCAA Indoor Championships in College Station, Texas. The awards were the seventh and eighth of his career, respectively, all achieved under Elliott's watchful eye. In 2008, Elliott charges Wells and Rubin Williams excelled on the track. Williams earned five All-America honors in total and captured the SEC Indoor title in the 200. Wells posted a fourth-place finish in the 200 at outdoor nationals and a sixth-place finish at indoor nationals. Grouped with the fifth-place 4x100 team, that made three All-America certificates for Wells and eight for the pair.

Elliott's tutelage of Tennessee's sprinters led to him being named USTFCCA Mideast Region Assistant Sprints Coach of the Year in 2007. Elliott directed Williams, Wells and Kyle Stevenson to a 22-point haul in the 200m at the SEC Outdoor Championships that clinched the team title for the Tennessee men. The trio combined with Matthieu Pritchett to win the SEC 4x100 relay title and break the facility record and also clock the fourth-fastest relay time in school history while placing third at the NCAA Outdoor Championships.

Stevenson won a gold medal running for Team USA's 4x100 relay at the Pan American Junior Championships following the season. Also that year, each of the four sprinters posted provisional-qualifying times in the 60; marking the first time in school history the Vols had four athletes meet the NCAA provisional-qualifying mark in that event. Aries Merritt authored one of the best seasons in Tennessee history under the direction of Elliott in 2006. The junior went undefeated in every 55, 60 and 110 hurdles race he finished, recording 18 wins in 18 races. Along the way he broke NCAA meet records in the 60 and 110 hurdles. His time of 13.21 from the NCAA Outdoor Championships is the second-fastest time ever recorded by a collegian in the event. Merritt, who entered the professional ranks after the season with one year of collegiate eligibility remaining, left Tennessee with 14 facility, meet or school records.

During the 2005 indoor campaign, Elliott tutored three Vols to All-America status in three different events -- Merritt in the 60 hurdles, Jonathan Wade in the 60 and Williams in the 200. Along the way, Merritt broke the school 55 hurdles record with a 7.12 time. Outdoors, Elliott coached Tennessee's 4x100 relay team to a third-place NCAA finish. Despite the fact that only one runner had competed in the event at the national level before, Tennessee's quartet steamed to a 38.83 time, the third-fastest mark in school history. Merritt (110 hurdles) and Williams (200) also earned outdoor All-America acclaim. Merritt took the SEC 110 hurdles title in 13.38, the fastest time in the NCAA that season.

Prior to joining the staff at Tennessee, Elliott earned head coaching experience during three years at Ohio Valley Conference school Murray State. He also brings knowledge of competition in the hyper-competitive SEC from a decade of service as an assistant at Georgia. Before taking the assignment in Athens, Elliott held the post of assistant track coach at the University of Texas-El Paso, his alma mater, from 1989-92.

A native of the Bahamas, Elliott also brings a wealth of international coaching experience and a network of global recruiting contacts. He served as coach of the Bahamas National Team at the 2001 World Championships and 1996 Olympics and was on Bahamas staffs for the 1995 Central America and Caribbean (CAC) meet and the 2000 World Junior Championships. Among his accomplishments, he has coached Olympic gold and silver medalists in the 4x100-meter relay. Elliott worked with five NCAA champions, 10 SEC champions and 30 All-America selections at Georgia. Athletes he recruited and coached fueled the run to Georgia's first women's conference title in 1995.

One of his star pupils, Nigeria native and Georgia school record holder Bode Osagibare, topped out at an impressive 10.01 seconds in the 100. Ken Garrett, who set the Georgia school record in 2001 at 49.76 in the 400 hurdles, peaked at 48.61 in his specialty. As an assistant coach for Texas-El Paso, Elliott mentored athletes who won five NCAA sprint championships and 15 conference titles.

In his own athletic career Elliott specialized in the triple jump at Texas-El Paso from 1981-85 and competed in the 1988 and 1992 Olympic Games. He placed 10th in the triple jump in the 1988 Olympics and ninth in the triple jump at the 1987 World Championships. Elliott earned his bachelor's degree in business management from Texas-El Paso in 1987. He added a Master's degree in exercise science also from Texas-El Paso in 1991. He has five children: Danielle, Norbert II, Alexander, Dominic and Adrian. His wife, Trudy, lost her battle with cancer just prior to the 2009 season.

ELLIOTT'S HIGHLIGHTS

- Named 2007 USTFCCA Midwest Region Male Sprints Assistant Coach of the Year
- Has a great deal of experience coaching national teams, including the Bahamas National Team at the 1991 and 2001 World Championships and 1996 Olympics
- Produced athletes at UT who earned 26 All-America certificates, won two NCAA and eight SEC individual titles and broke four school records
- Had five NCAA champions, 10 SEC champions and 30 All-America selections during a stint at Georgia from 1992-2001
- Tutored athletes who won five NCAA sprint crowns and 15 conference titles as an assistant at Texas-El Paso from 1989-92
- Served as head coach at Murray State from 2002-04
- A world-class athlete in his own right, Elliott competed in the 1988 and 1992 Olympic Games and numerous other international competitions as a triple jumper



JEREMY FISCHER

USA Olympic Training Center

Jeremy Fischer begins his fifth season with the University of Oklahoma track and field program in charge of men's and women's jumps and multis. In 2009 Fischer's group of jumpers continued to back up their claims as one of the top jumps programs in the nation. It was never more evident than at the 2009 NCAA Indoor Championships when three athletes, Shardae Boutte, Will Claye and Paul Gill, teamed to produce the only program in the nation with athletes in each of the three jump events, resulting in Fischer earning Midwest Region Assistant Coach of the Year honors.

Claye carried the flag for Fischer's group, smashing the program record in both the indoor and outdoor triple jump along with a 27-year old U.S. Junior record in the event en route to the NCAA, U.S. Junior, Pan Am Junior and Big 12 Outdoor Championships.

Claye also brought home All-America honors in both the triple and long jump, during both the indoor and outdoor seasons.

In 2008, Oklahoma jumpers recorded new program bests in the men's indoor and outdoor triple jump as well as the women's outdoor triple jump, picked up five All-America honors and Big 12 titles in both indoor and outdoor triple jump along with an NCAA Midwest Regional triple jump title and a meet record.

Boutte and Tydree Lewis finished 1-2 in the men's triple jump at the Big 12 Indoor Championships as Boutte was ranked No. 1 in the nation for the majority of the indoor season and held the program record in the event before Lewis topped it with a jump of 54-2.50 (16.52) and a second-place finish at the NCAA Indoor Championships.

The outdoor season marked a change in the triple jump record books, but in distance only as Boutte and Toni Smith increased the program record in their respective events at the NCAA Midwest Regional, a championship that saw Boutte bring home a title.

The same meet saw Smith take third in the triple jump while long jumper Adrian Wiltshire exploded onto the scene with a third-place finish in the event.

No athletes dominated their event like Fischer's jumpers dominated the Big 12 in 2007 as no team in the conference outscored Oklahoma men or women in the jumps at the Big 12 Championships.

Frankie Wright and Portia Nash swept the men's and women's long jump titles indoors with Nash setting the

The Fischer File

Birthdate	February 16, 1976 (Seoul, Korea)
Hometown	Camarillo, Calif.
Education	B.A., Molecular Biology / Nutritional Science Wisconsin, 1998

Coaching History

2005-present, University of Oklahoma Assistant Coach (jumps and multis)

2000-05, Cal State Northridge Assistant Coach (jumps and multis)

1998-2000, University of Wisconsin Administrative Assistant

1996-2000, University of Wisconsin Director of Badger Jet Camp

Coaching Accolades

2009 Midwest Region Assistant Coach of the Year

2007 Midwest Region Assistant Coach of the Year

2005 West Region Assistant Coach of the Year

Has coached a total of 17 All-Americans

2009 NCAA outdoor triple jump champion (Will Claye)

Athletics Career

All-American high jumper

2000 USATF Indoor Championships high jump runner-up

2000 NACAC Championships high jump runner-up

Oklahoma indoor long jump record. Boutte won the men's triple jump title outdoors as part of a 1-2-7 finish that included Lewis and Frankie Green and boosted the men's team to its first Big 12 title and first conference title in 29 years.

Fischer also coached both the men's and women's Midwest Region triple jump champions with Smith claiming the women's crown and Boutte setting the meet record en route to his victory.

Smith, who rewrote the school's indoor and outdoor triple jump records in 2007, also earned All-America honors during both the indoor and outdoor campaigns. For his work, Fischer was named the 2007 Midwest Region Men's Jumps/Combined Events Coach of the Year by the USTFCCA.

In the high jump, Fischer coached the U.S. Junior National Champion in Kevin Snyder. Snyder went on the win silver at the Pan American Junior Athletics Championships.

Fischer also coached the first athletes to represent OU in the men's long jump at the NCAA Championships since 1988 -- Wright, who qualified for the NAAs in four events, and Dermillo Wise. Both earned All-America honors at the Championships.

Perhaps no accomplishment was more rewarding than turning former OU volleyball player Anna Monsen into an All-Big 12 heptathlete who scored personal bests in six of seven events at the conference championships. In 2006, Fischer's squad served notice to the rest of the Big 12 that future years against them would be fiercely competitive.

With Smith leading the way at the Big 12 Indoor Championships, the Sooner women placed second, fifth and sixth in the triple jump and Nash took third in the long jump. Lewis and Wright scored third- and sixth-place results in the men's triple jump.

At the Big 12 Outdoor Championships, Lewis again finished third the triple jump, freshman Katherine Johnson earned fourth in the women's high jump and freshman Amy Backel placed sixth in the heptathlon.

The freshman duo was successful again at the U.S. Junior National Championships as Johnson earned bronze in the women's high jump and Backel finished fourth in the women's javelin and was one of two competitors in the heptathlon to win two events.

1998 NCAA Outdoor high jump runner-up and fifth at the Indoor Championships

Took seventh at the 1998 USA Championships

High school track and field All-American

Fischer came to OU in July 2005 after five years at Cal State Northridge where he coached jumpers and decathletes and was recognized as the 2005 Mondo/NCAA Division I West Region Men's Jumps/Multi-Events Coach of the Year.

Of the five student-athletes who represented the Matadors at the NCAA Outdoor Track and Field Championships in 2005, four were Fischer's jumpers. Eight of his student-athletes (both men and women) also qualified for the NCAA West Regional.

In 2005, the Cal State Northridge men won their second consecutive Big West Conference outdoor championship when Fischer coached junior Alex Marbley, sophomore Da'Shelle Andrews and senior Johnny Wiley, respectively, to high jump, long jump and triple jump titles. His women long jumpers swept the top three positions as sophomore Toni Smith won the conference title. Fischer's pupils were also named conference athletes of the week numerous times. During the 2005 indoor season, Marbley, the Mountain Pacific Sports Federation high jump champion, and long jumper Jason Romero were the only two Matadors to establish qualifying marks for the NCAA Indoor Championships. Marbley, the school record holder, earned All-America honors. Long jumper Candyce Babb also set the school record on her way to an MPSF runner-up finish.

In 2004, Fischer coached then-freshmen long jumper Da'Shelle Andrews and triple jumper Toni Smith to the national championships. The Matadors also captured the men's and women's Big West Championships with Romero named the conference's male athlete of the year after winning the triple jump and long jump.

In 2003, Marbley claimed the Big West Championship and Rashaad Dixon won the triple jump during the outdoor season. The Matador jumpers also controlled the MPSF Indoor Championship in the high jump as Jerrick Holmes won the event and Romero finished third. On the women's side, Schaquay Brignac qualified for the NCAA Indoor Championships and set the Northridge high jump record.

Under Fischer's tutelage in 2002, Natoya Woods set a Northridge indoor record in the high jump and then posted the seventh best outdoor mark on the Matador career list. On the men's side, Matt Primous, Robert Fuentes and Aaron Jones all reached the Northridge indoor top-10 list in the high jump.

Prior to his time at Cal State Northridge, Fischer spent three seasons (1998-2000) as the cross country/track and field administrative assistant at Wisconsin and served as the director of the Badger Jet Camp from 1996 to 2000.

During his tenure, Wisconsin won the Big Ten Triple Crown in 2000 and 2001 and finished second at the cross country national championships and fifth in track and field.

As an athlete, Fischer was a world-class high jumper at Wisconsin where he earned All-America and All-Big Ten honors during his time as a Badger and placed seventh at the 2000 U.S. Olympic Trials. He graduated in 1998

with a degree in molecular biology/nutritional science. Fischer starred as a two-sport student-athlete at Adolfo Camarillo High School in Camarillo, Calif., from 1991 to 1994. While also playing basketball, Fischer was an All-American on the track and in the classroom. Fischer is a Level 3 certified member of the United States Track Coaches Association and a Level 2 Instructor for jumps. Fischer also has Level 2 certification for jumps, sprints and throws and is a National Strength and Conditioning Association Certified Strength and Conditioning Specialist.



Dan Green
The Woodlands High School
The Woodlands, Texas

The dean of distance coaches for the State of Texas. Coach Green's Cross Country and Distance crews have dominated the state of Texas for close to 33 years. Coach Green has produced 15 State Cross Country Championships and 1 State Track and Field Championship. Coach Green's distance runners have often qualified for the prestigious Foot Locker National Cross Country Championships and have produced many high school All-Americans. Dozens upon dozens of his 1,600 meters runners have broken 4:10 and 9:10 for 3,200 meters.

Coaching Record: CROSS COUNTRY: 31 District Champs, 26 Regional Champs, 15 State Championships and 6 runner-ups

**2003 Ranked 1st in the Nation

**2007 and 2008 finished 4th at the Nike Team Nationals

**Qualified a team for the Nike Team Nationals 5 of the past 6 years

**9 athletes qualified for the Foot Locker Nationals a total of 12 times (more than any school in the Nation)

**7 State Individual Champions in Cross Country

**Coached the Individual National Cross country Champion in 2008

**Coached the Gatorade Runner of the Year in 2008

**2004 National Scholastic High School Cross Country Coach of the Year

**2007 National Federation of High School Cross Country Coach of the Year

**2006 US Junior Men' World Cross Country Team Leader & **2010 US Senior Men's World Cross Country Team Leader

Track and Field: 19 District team Champs, 1 Regional Championship, and 4 runner-ups, 1 *State Championship* and 1 Runner-up. We have had 56 individuals qualify for the State meet.

**National High School Record Holder in the 4X1600m Relay (1986) 17:04.5

** National High School Record Holder in the Distance Medley Relay (1987) 9:53.31 currently that ranks #3 All-Time & ** State Meet Record Holder in the 3200 Eric Henry 8:52.2

** Qualified athletes to the Texas State Meet in the following events: 100, 400, 800, 1600, 3200, Pole Vault, High Jump, Triple Jump, Shot Put, Discus, and the 4x400 relay.

** 2008 Gulf Coast Coaches Association Track Coach of the Year

** 2009 National High School Champion and National Meet record Holder in the 4x1mile Relay (17:17.21, 7th fast time ever run by HS)

**2009 National High School Champion and #4 all time HS Distance at 9:55.17



Greg Williams

Head Track & Field Coach

Lancaster High School

Greg Williams is a native Waco and the son of former Waco High School principal Willie Williams and former LaVega High School teacher and coach, Robbie Williams. Greg graduated from Richfield High School in 1983. At Richfield, Greg played football and basketball. He then attended Texas A & M – Commerce (formerly East Texas State University) where he received his Bachelor's degree in General Business.

Greg began his teaching and coaching career at Lancaster High School as an assistant football and assistant track coach. After 8 years, Greg left Lancaster for one year to teach United States History and become the Offensive Coordinator and Head Track Coach at Wilmer-Hutchins High School. Greg then returned to Lancaster and became the Head Boys Track Coach in 1998. Under Greg's leadership, the Tigers have won 12 District Championships, 6 Regional Championships (2002, 2003, 2004, 2008, 2009 and 2010), 5 State Championships (2003, 2004, 2008, 2009, and 2010) and 2005 State Runner-up by just 4 points narrowly

missing a 3-peat performance as state champions. Greg and his coaching staff have been named Dallas Morning News Coaching Staff of the Year three times (2004, 2008 and 2009).

Greg is married to Yolanda Jackson Williams formerly of Waco. They have two children.



Coach Paula Ogunbanjo

University of Louisiana

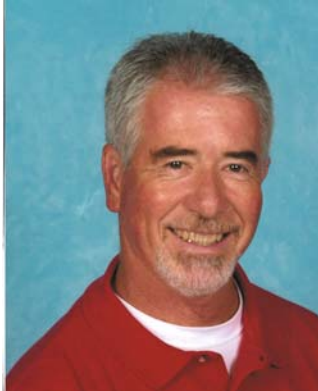
Paula Ogunbanjo was hired as an assistant coach for Louisiana's Ragin' Cajuns men's and women's track and field programs in August 2007.

Prior to UL, Ogunbanjo worked as a graduate assistant track and field coach at Emporia State University. During her time there, Ogunbanjo helped develop and maintain jumping workouts for both the men's and women's teams. She also helped to coordinate the strength and conditioning program and was responsible for recruiting jumpers. Ogunbanjo helped lead two athletes to the 2006 national championships, and helped one athlete earn All-America accolades.

Ogunbanjo enjoyed much success as a collegiate athlete. As a member of the Oklahoma State University track and field team, she was a seven-time All-Big XII athlete and placed 18th at the 2005 NCAA Division I Outdoor Track and Field Championships. Ogunbanjo currently holds OSU's indoor and outdoor triple jump records. She placed third at the Big XII Championship Meet in 2004. She also earned Academic All-Big XII honors.

Ogunbanjo earned her master's degree in health, physical education and recreation from Emporia State University in 2007. She earned her bachelor's degree in secondary education from Oklahoma State in 2005.

Ogunbanjo is an active volunteer in many community organizations. She has volunteered for Habitat for Humanity, the Special Olympics, the American Cancer Society and E-KIDS science programs for children in the first-fifth grades.



Roger Brown
Head Track and Field Coach
Syckline High School
Dallas, Texas

Roger Brown a Tulsa, Oklahoma, native and Oklahoma State University graduate. Coach Brown was mentored by OSU Coaching legend Ralph Tate in the early 80's. For 15 years, Tulsa Public Schools. Head Coach, Cross-Country and Track and Field. Mentored by TPS coaching legend Ed Lacy through the 90's. Won an Oklahoma State Championship while at Tulsa Booker T. Washington H.S. (1990 5A Girls State Champions) and Tulsa Will Rogers H.S. Coached numerous individual state champions in the 100m, 200, 400m, 100 hurdles, 4x1-4x2-4x4 relays. 10th year with the Dallas Skyline Track and Field Program, Presently Head Boys Track and Field, assistant Girls Track and Field, assistant Cross-Country coach. Has won 3 District Boys Track and Field Championship Teams. Has also coached 2 individual boys state champions, including the 2007 5A Boys 800m champion, one of three different 800m state qualifiers, from 2006-2008. Speaking on the 400m-800m approach to 800m training.



STEVE SILVEY

Championship SSE Products

Coach Steve Silvey has been part of at total **28 National Championship teams while at The University of Arkansas and Blinn College**. In 2005, Silvey was inducted into the National Junior College Hall of Fame for his accomplishments during his time as Head Coach for the national power-house Blinn Junior College (1987-1994). While at Blinn, Silvey's teams won **15 Men's National "Team" Championships** – *an All-Time National Record*-and produced 128 individual National Champions, 600+ All-Americans awards and 27 National Relay Championships. At the University of Arkansas (1994-2000) Silvey was part of 13 NCAA "Team Championships and 17 SEC "Team" Championships. Silvey was the also the Assistant Track and Field Coach at Texas Tech from 2004 to 2007. Silvey served as Assistant Track and Field Coach at the prestigious University of Oregon. During those two years the ducks were Pac-10 Team Runner-up's (2002) and **Pac-10 Team Champions** in 2003. **Silvey has coached 35 Olympians (14 Medalists) and 26 athletes that have competed at the World Track Championships (17 Medalists)**.