

PLANO EAST RELAYS

SATURDAY, MARCH 7, 2009

VARSITY RESULTS

TRACK EVENTS

3200 M RUN

1st	West	Tillery	10:22:02
2nd	West	Binton	10:44:23
3rd	East	S. Purser	10:55:43
4th	West	Miller	11:00:12
5th	Plano	Smith	11:02:03
6th	Conrad	Esnete	11:34:36

110 HURDLES

1st	East	Carlton	15:11
2nd	Garland	Harris	15:54
3rd	Guyer	Walsh	15:70
4th	Garland	Achilike	15:75
5th	East	Garry	15:84
6th	Guyer	Smith	16:73

100 M DASH

1st	Guyer	Jackson	10:53
2nd	East	York	10:75
3rd	East	Green	10:92
4th	Guyer	Orseani	10:93
5th	W. Hills	Teel	11:21
6th	East	Johnson	11:31

4 X 200M RELAY

1st	Guyer	1:27:79
2nd	Plano	1:32:14
3rd	W. Hills	1:33:16
4th	East	1:33:71
5th	West	1:34:66

FIELD EVENTS

SHOT PUT

1st	East	Robertson, A	40'3"
2nd	East	Nicholson, K	39'10 1/2"
3rd	West	Mack	38'5"
4th	West	Behbahan	38'5"
5th	West	Crossy	38'2 1/2"
6th	W. Hills	Mason, R	37' 10"

LONG JUMP

1st	Plano	Warren	20'10 1/2"
2nd	Guyer	Johnson	20'9 1/2"
3rd	Garland	White	20'8 3/4"
4th	W. Hills	Tucker	19'8"
5th	Plano	Wolfe	19' 6 1/2"
6th	Guyer	Freeman	19' 6 1/2"

HIGH JUMP

1st	Guyer	Johnson	6'2"
2nd	Plano	Davis	6'2"
3rd	Garland	Tyhre	5'10"
4th	East	Carlton	5'8"

POLE VAULT

1st	Guyer	Montgomery	15'
2nd	Guyer	Leach	13'
3rd	Guyer	Lee	11'

400M DASH

1st	Guyer	Barb	50:08
2nd	East	Jones	51:12
3rd	Guyer	Coleman	52:12
4th	Garland	Seirra	53:18
5th	Guyer	Mose	53:38
6th	East	Fessler	53:81

DISTANCE MEDLEY RELAY

1st	Plano	10:57:15
2nd	West	11:30:70
3rd	Guyer	11:37:62
4th	East	12:45:56

SPRINT MEDLEY RELAY

1st	East	3:45:42
2nd	Guyer	3:54:35
3rd	Plano	4:03:62

4 X 100M RELAY

1st	Guyer	43:29
2nd	Plano	43:81
3rd	W. Hills	44:83
4th	East	Did not finish

3200M RELAY

1st	Plano	8:41:64
2nd	Guyer	9:00:14

TRIPLE JUMP

1st	Guyer	Johnson	42'10 1/2"
2nd	Guyer	Freeman	42'0"
3rd	Garland	White	40'7"
4th	Plano	Wolfe	38'10"
5th	East	Cabiness	37'7 1/2"
6th	W. Hills	King	37'4"

DISCUS

1st	Plano	Allred	157.9
2nd	Plano	Neal	147.0
3rd	West	Cross	146.4
4th	Plano	Coleman	141.2
5th	Guyer	Wilson	132.7
6th	W. Hills	Robb	131.9

300M HURDLES			
1st	East	Santillian	41:58
2nd	East	Garry	41:59
3rd	Garland	Harris	41:98
4th	Garland	White	42:59
5th	Garland	Achilike	42:87
6th	Plano	Breach	43:25

200M DASH			
1st	Plano	Kirchmyer	22:11
2nd	Plano	Hoetger	22:48
3rd	Guyer	Washington	23:12
4th	Guyer	Russell	23:43
5th	W. Hills	Teel	23:45
6th	West	Wiggins	23:47

1600M RUN			
1st	Plano	Sanchez	4:06:39
2nd	Plano	Minor	4:44:08
3rd	Guyer	Garrero	4:44:71
4th	Guyer	Denton	4:53:50
5th	East	Guittez	4:54:74
6th	Guyer	Martinez	4:54:75

4 X 400M RELAY		
1st	Guyer	3:26:11
2nd	W. Hills	3:31:63
3rd	East	3:32:08
4th	Plano	3:39:25

TEAM TOTALS:	
DENTON GUYER	227 PTS
PLANO	176 PTS
PLANO EAST	142 PTS
PLANO WEST	61 PTS
WESTERN HILLS	51 PTS
GARLAND	46 PTS
DALLAS CONRAD	1 PT

PLANO EAST RELAYS

SATURDAY, MARCH 7, 2009

JUNIOR VARSITY RESULTS

TRACK EVENTS

3200 M RUN

1st	West	Berghorn	10:56:70
2nd	West	Gribble	10:56:74
3rd	West	Delagarza	11:07:11
4th	Plano	Wilson	11:16:05
5th	East	Davis	11:49:67
6th	Plano	Jack	12:01:00

110 HURDLES

1st	Garland	Ford	15:93
2nd	West	Hsieh	16:33
3rd	East	Stelly	16:36
4th	Guyer	Snaders	17:12
5th	Garland	Murrell	18:90
6th	West	Lilavois	19:61

100 M DASH

1st	Plano	Whaley	10:71
2nd	East	Bassett	10:88
3rd	East	Hall	11:10
4th	East	Jones	11:45
5th	Garland	Mack	11:50
6th	Guyer	Duffuks	11:68

4 X 200M RELAY

1st	East	1:33:81
2nd	Garland	1:34:29
3rd	Guyer	1:34:96
4th	W. Hills	1:35:09
5th	Plano	1:36:37
6th	Conrad	1:38:63

400M DASH

1st	East	Trotter	52:46
2nd	East	Joubert	52:70
3rd	W. Hills	Strean	55:38
4th	Garland	Reyes	55:84
5th	Garland	Crabtril	57:14
6th	Guyer	Martinez	57:67

DISTANCE MEDLEY RELAY

FIELD EVENTS

SHOT PUT

1st	East	Brendel, J	44'3/4"
2nd	Plano	H, Kendell	40'8"
3rd	Plano	Skinner, A	37'7 1/2"
4th	West	Sabo	37'0"
5th	East	Rampy	35'7 1/4"
6th	West	Aghaboz	35'6 1/2"

LONG JUMP

1st	W. Hills	Huitt	19'8 3/4"
2nd	East	Meadors	19'7 1/2"
3rd	Guyer	Fudge	18'3 1/2"
4th	East	Jones	17'11 1/2"
5th	East	Bassett	17'8 1/4"

HIGH JUMP

1st	West	Lilavois	5'4"
2nd	West	Pedoza	5'4"
3rd	West	Pruneau	5'0"

POLE VAULT

1st	Guyer	Fisher	10'
2nd	Guyer	Aristondo	9'
3rd	Guyer	Kim	8'

TRIPLE JUMP

1st	West	Mazavis	40'1 1/2"
2nd	East	Joubert	38'5"
3rd	Garland	Smith	38'4"
4th	Conrad	Hall	38'1"
5th	W. Hills	Hughs	37'4"
6th	East	Taylor	37'2"

DISCUS

1st	Guyer	11:56:03
2nd	West	11:57:66
3rd	Plano	12:12:32
4th	Garland	13:38:03

1st	East	Brendel	124.1
2nd	Garland	Neroes	121.7
3rd	West	Hughes	118.0
4th	West	Tyler	115.1
5th	Plano	Skinner	115.7
6th	W. Hills	Pack	109.3

SPRINT MEDLEY RELAY

1st	Guyer	4:01:27
2nd	East	4:01:30
3rd	Plano	4:02:73
4th	Garland	4:11:65
5th	W.Hills	4:22:56

4 X 100M RELAY

1st	East	44:21
2nd	Garland	44:45
3rd	Guyer	45:09
4th	Plano	45:71

3200M RELAY

1st	Guyer	9:17:26
2nd	East	9:23:07
3rd	Garland	9:23:98
4th	Conrad	10:14:06
5th	Plano	10:16:65

300M HURDLES

1st	East	Stelly	44:98
2nd	Garland	Ford	45:10
3rd	Guyer	Sanders	45:32
4th	West	Lilavois	47:31
5th	West	Hsieh	48:13
6th	Garland	Murrill	48:30

200M DASH

1st	East	Meadors	23:05
2nd	Guyer	Lewis	23:29
3rd	East	Taylor	23:57
4th	East	Hays	23:68
5th	West	Bass	23:69
6th	Conrad	Anderson	23:70

1600M RUN

1st	Guyer	Riches	4:58:40
2nd	East	Wilson	4:58:51
3rd	Plano	Pain	4:59:45

TEAM TOTALS:

PLANO EAST	215 PTS
DENTON GUYER	154 PTS
GARLAND	125 PTS
PLANO WEST	106 PTS
PLANO	85 PTS
WESTERN HILLS	51 PTS
DALLAS CONRAD	17 PTS

4th	Plano	Wilson	5:05:53
5th	Guyer	Ramirez	5:06:04
6th	Garland	Tamez	5:07:41

4 X 400M RELAY

1st	W.Hills	3:40:07
2nd	East	3:40:15
3rd	Garland	3:40:60
4th	Guyer	3:44:68
5th	Plano	3:47:10
6th	Conrad	3:49:66