

Texas Live Magazine Showcase Invitational

Friday, March 13th, 2009

Hosted by Brenham High School

Brenham High School will be hosting the Texas Live Magazine Showcase Invitational on March 13th. It will be a spectator-friendly meet with field events going on from 3-6 p.m. and running events starting at 6:30. Txrunning.com will be on hand for video/photo coverage. The track portion of the meet will last less than two hours. There will be no slow heats or prelims. The top 8 competitors will line up for lane events and 16 in distance and field events. The top 3 finishers in each event will receive custom medals. We will NOT be following the UIL order of events. Competitors will be limited to just 1 individual track event but may also run relays. There will not be enough time to recover for a double and we want to keep the quality of competition high to showcase your top athletes.

Schedule of Events

3 p.m. - 6 p.m. - field events (16 competitors per event)

Running Events - girls followed by boys

6:30 p.m. - 4 x 100 (8 teams)
6:40 p.m. - 1600 meter run (16 runners)
6:55 p.m. - 400 meter dash (8 runners)
7:05 p.m. - 100/110 hurdles (8 runners)
7:15 p.m. - 100 meter dash (8 runners)
7:25 p.m. - 5000 meter run (16 runners)
8:10 p.m. - 4 x 400 (8 teams)



Entry fees will be \$10 per event. You must submit verifiable times/marks with entries. Please indicate hand time or FAT. FAT will receive priority. We will accept 3200 track times for the 5000 meters, and may also consider 3mile/5k XC performances. You can update your times/marks for your entries as the season progresses. We will accept times/marks from 2008 & 2009. Entries must be received by Wednesday, March 4th. Updated times/marks may be turned in until 6:00 p.m. Monday, March 9th. Final entries will be announced by e-mail and posted on Txrunning.com on Tuesday, March 10th.

E-mail me your entries and/or questions at thall@brenhamisd.net or call 979-530-8270.

Thanks,

Trenton Hall
Brenham High School

Entry Form – Texas Live Magazine Showcase Invitational

School _____ Coach _____

Check one (save another copy for other gender) Boys _____ Girls _____

Coach E-mail _____ Phone _____

Event	Name	Time/Mark
Long Jump		
Long Jump		
Long Jump		
Triple Jump		
Triple Jump		
Triple Jump		
High Jump		
High Jump		
High Jump		
Pole Vault		
Pole Vault		
Pole Vault		
Shot Put		
Shot Put		
Shot Put		
Discus		
Discus		
Discus		
4 x 100 Relay		
1600 Run		
1600 Run		
1600 Run		
400 Dash		
400 Dash		
400 Dash		
100/110 Hurdles		
100/110 Hurdles		
100/110 Hurdles		
100 Dash		
100 Dash		
100 Dash		
5000 Run *		
5000 Run *		
5000 Run *		
4 x 400 Relay		

You may use this form for updating times/marks through March 9th.

**Please use 3200 times for 5000 meter entries.*