

Bulldog Relays
Burkburnett High School

When: Friday February 27, 2009

Time: Events start @ 3:00 p.m. – Scratch meet & Packet pick up 1:30 p.m. – 2:30 p.m.

Where: Bulldog Track Complex

Cost: \$75.00 for 1ST Team per division / \$50.00 Each Additional Team per division

**** Make checks payable to Burkburnett High School**

**** Send check to: Burkburnett High School
c/o Linda Richards
109 Kramer Rd.
Burkburnett, Texas, 76354**

Entries: Entries will only be accepted online via the Direct Athletics web-site at www.directathletics.com. Detailed instructions are available below: Questions regarding entry instructions should be e-mailed to support@directathletics.com.

Entry Deadline is Wednesday February 25th @ midnight. Changes after that will be made at the scratch meeting prior to 2:30 p.m.

Awards: ** Trophy to top team in each division
** Medals for top 3 finishers

Race Times: First race will begin promptly at 3:00 p.m. and will follow a rolling Schedule.

Div I - VARSITY GIRLS

Div II - VARSITY BOYS

Timing: Eagle-Eye FAT Timing System

List of Events: All Finals

FIELD EVENTS

3:00 p.m. DISCUS – GIRLS SHOT PUT – BOYS
DISCUS – BOYS SHOT PUT – GIRLS

RUNNING EVENTS

3:00 p.m. 4 X 60 M. SHUTTLE HURDLE RELAY (GIRLS, BOYS)

4 X 800 M RELAY (GIRLS, BOYS)
-1 TURN STAGGER

4 X 100 M RELAY (GIRLS, BOYS)

SPRINT MEDLEY RELAY (GIRLS, BOYS)
-(200,200, 400, 800)
- USE 3 TURN STAGGER

4 X 200 M RELAY (GIRLS, BOYS)

DISTANCE MEDLEY RELAY (GIRLS,BOYS)
-(1200,400,800,1600)
-WATERFALL START

4 X 400 M. RELAY (GIRLS, BOYS)

Please return this form if you are attending the Bulldog Relays to:
Burkburnett High School
c/o Linda Richards
109 Kramer Rd.
Burkburnett, Texas 76354
Fax#: (940) 569-5760
Email: linda.richards@burkburnettisd.org

BOYS _____ **GIRLS** _____ (please check teams attending)

School: _____

School Address: _____

School Phone#: _____

School Fax #: _____

BOYS

Coaches Name: _____

Cell #: _____

Coaches email: _____

GIRLS

Coaches Name: _____

Cell #: _____

Coaches email: _____

INFORMATION: If you have any further questions or concerns,
fell free to contact us @ the following numbers:
Loy Triana: (940) 569-1411 x 1185 (w) or (940) 642-9585(c)
loy.triana@burkburnettisd.org

Online Entry Instructions:

Step 1: Accessing your Direct Athletics team account

Each coach must have a Direct Athletics username and password for his/her school. If you don't know your username and password, you will be able to create one or retrieve your existing account by following the instructions below. You will use the same account to enter all meets run through Direct Athletics.

If you already have a DirectAthletics account for your XC team and know your username and password:

1. Go to www.directathletics.com
2. In the login box, enter your username and password and click Login. (Remember that your password is case-sensitive)

If you do NOT know your username and password, proceed as follows:

1. Go to www.directathletics.com
2. Click on the link "New User? Click HERE".
3. Follow onscreen instructions. You will be able to create a new TEAM account online or retrieve forgotten information for an existing account.

Note about Direct Athletics accounts

Most coach accounts control a school's Men's AND Women's team. You control only one gender at a time, so you will complete the below steps for your Men and then switch to your Women's team and repeat the process (or vice versa). The team you are controlling is listed on the blue navigation bar across the top of your account, for example:

Sport: Cross Country **Team:** Texas High HS (M)

This indicates that you are controlling the Texas High HS MEN'S team (M=MEN). To switch to your Women's team, you would select "Texas High HS (W)."

Step 2: Setting up your online roster

Before entering an athlete into a meet, you must add all attending athletes to your roster. If an athlete is already on your roster (from previous seasons or meets) you do not need to add him/her again.

- 1) Upon logging in, click the TEAM tab. (New users will automatically be in the TEAM module.)
- 2) If you have used DirectAthletics before, you will see your existing athletes on your roster. New Users should click the green "Add Athletes" link.
- 3) Click the green "Add Athletes" link under the Team Roster header. Select an approximate number of athletes you would like to add (you can add more at any time).
- 4) Enter your athletes' First Name, Last Name and School Year and click "Submit".
- 5) You may add, edit or delete athletes on your Team Roster at anytime by clicking the TEAM tab. To add athletes, click the green "Add Athletes" link at any time. To delete or edit athletes, check the box to the left of each athlete(s) and then click the red "Delete Selected" link or the blue "Edit Selected" link respectively.

Step 3: Submitting online meet entries

Once your athletes are added to your roster, you must submit your entries.

- 1) In the HOME tab (under Upcoming Meets) or in the SCHEDULE tab, click the green Register button next to Burk Burnett Bulldog Relays.
- 2) Follow onscreen instructions for submitting your entries. You will see a running tally of your entries on the right side of your screen.
- 3) When you are finished with your entries, click the "Finish" link.
- 4) You will see a list of your current, submitted entries. Click the appropriate link to receive an EMAIL confirmation or a PRINTABLE confirmation.
- 5) To edit your existing entries, click the blue Edit Entries button next to the meet name on your Upcoming Meets or complete Schedule.