



Dear coach,

Enclosed is the information regarding this years 2009 Clear Brook Wolverine Relays. If you have any questions please contact:

BOYS: Jimmy Grier—Office (281) 281-2168 Cell (281) 773-3117

jgrier@ccisd.net

GIRLS: Amy Bull—Office (281) 284-2100 Cell (862) 964-4415

abull@ccisd.net

GENERAL INFORMATION

Entry Fee: \$50.00 per team boys and girls (checks made to Clear Brook HS)

PLEASE MAIL TO:

Clear Brook High School

Attn. Jimmy Grier

4607 FM 2351 Rd.

Friendswood, Tx. 77546

Location: Clear Brook High School Campus

Rules: UIL rules will govern eligibility and participation. **IMPORTANT**, When submitting entries, any athletes participating in the SMR during the field events, will be placed at the end or last heat of their field events.

Scoring: Relays..... 20-16-12-8-4-2 Individual 10-8-6-4-2-1

Trophies/Plaques for Champion and runner-up

Medals awarded to top 3 finishers in each event

Runway & Surfaces: We have a new track surface so....**PLEASE NOTE*** ¼ spikes only*** and NO TAPE ON THE TRACK.** If you do not have something besides tape to use, we will provide you with Sidewalk Chalk.

Entries: If you have a time/distance for your athletes, please email them to us and we will heat you for the prelims the best we can, otherwise, I will place you the best you can. **ALL ENTRIES NEED TO BE RECEIVED BY FEBRUARY 24TH.**

Admission to Meet: ADULTS \$3.00***STUDENTS \$2.00

Concession Stand: Will be open during the meet. If you submit prior to the meet, February 24th, the Clear Brook Booster Club will sell lunches to your team for \$5.00. If you are interested, please fill out and return via email the team lunch form.

Lunch: Will be provided for track coaches and workers only

******PLEASE NOTE****:** Coaches please note that no camps of any kind, no chairs of any kind, and only athletes warming up for the next event will be allowed on the field. Also, Coaches will be responsible for the conduct of their teams!!! Only school uniformed contestants will be allowed on the field to warm-up at any time. All others will be asked to exit the field and move into the stands.



Clear Brook HS
Wolverine Relays
Saturday February 28, 2009

7:30-8:00 Scratch Meeting

9:00 Field Events and Sprint Medley Relay 2-2-4-8 and the 3200 M

****Sprint Medley (2-2-4-8) **RELAY FINAL** (girls/boys)**

****3200 Meter Run (girls/boys)**Final****

Triple Jump: girls/boys

Long Jump: boys/girls

Shot Put: girls/boys

Discus: boys/girls

High Jump: boys/girls

Pole Vault: girls/boys

11:00 Running prelims and DMR 1200-400-800-1600

****DMR**RELAY FINAL** (girls/boys)**

4x100M relay (girls/boys)

100M hurdles (girls)

110M hurdles (boys)

4x200M (girls/boys)

300M hurdles (girls/boys)

1:00 Coaches and Workers Meal

2:00 Running Finals

ALL FINALS GIRLS FOLLOWED BY BOYS

Weightwoman/Weightman relays (NO POINTS)

4x100M Relay

100M hurdles

110M hurdles

4x800M Relay

300M hurdles

4x200M

1600M run (heats against time)

4x100M relay (heats against time)

We will give medals at the end of each final event. Plaques will be picked up at the conclusion of the meet.



The Clear Brook CC/Track would like to offer your team lunches. You must inform Coach Grier prior to the meet, BY FEBRUARY 24TH, in order to get team lunches. We will not have extra to purchase at the meet.

TEAM LUNCHES \$5.00 Checks Made Payable to Clear Brook CC/Track Booster Club.
Mail checks to CBHS or bring them with you.

Sub Sandwiches
Chips
Water

of Turkey Sandwiches _____ White Bread _____ Wheat Bread

of Ham Sandwiches _____ White Bread _____ Wheat Bread

of Roast Beef Sandwiches _____ White Bread _____ Wheat Bread

Chips and Water will be given at sandwich pickup, Their will be a variety of chips to choose from.

Thank You and Good Luck to your team.