

2009 COPPELL RELAYS  
SATURDAY, MARCH 7  
COPPELL COWBOY STADIUM

**6:45AM COACHES' MEETING**

**8:00AM FIELD EVENTS START**

**JV-3 JUMPS/THROWS & VARSITY-3 JUMPS/THROWS—TOP 8 VARSITY-ADVANCE TO FINALS (3 ATTEMPTS)**

GIRLS SHOT PUT (WEST)	JV, V
BOYS SHOT PUT (EAST)	V, JV
GIRLS DISCUS (WEST)	V, JV
BOYS DISCUS (EAST)	JV, V
LONG JUMP (SOUTH PIT)	JVG, VG, JVB, VB
TRIPLE JUMP (NORTH PIT)	JVB, VB, JVG, VG
HIGH JUMP (OUTSIDE)	VG, VB
HIGH JUMP (TURF ROOM)	JVB, JVG
POLE VAULT (OUTSIDE)	VB, JVB
POLE VAULT (TURF ROOM)	JVG, VG

**8:00AM RUNNING PRELIMS-----RUNNING ORDER--JVG, VG, JVB, VB**

3200M JV ONLY  
DISTANCE MEDLEY RELAY VARSITY ONLY  
100M HURDLES  
110M HURDLES  
100M  
400M  
300M HURDLES  
200M

\*\*\* JV INDIVIDUAL EVENTS WILL RUN TIMED FINALS DURING PRELIMS

\*\*\* TOP 8 TIMES WILL ADVANCE TO FINALS IN ALL RUNNING EVENTS INCLUDING HURDLES

\*\*\* ALL RELAYS WILL BE RUN AS HEATS AGAINST TIME IN THE FINALS INCLUDING JV

\*\*\* FINALS WILL START 1 HOUR AFTER THE LAST PRELIM IS COMPLETED.

**1:30PM LUNCH**

**2:30PM RUNNING FINALS START-----RUNNING ORDER JVG, VG, JVB, VB**

4X100M RELAY  
4X800M RELAY \*\*\***Varsity Only**\*\*\*  
800 \*\*\***JV Only**\*\*\*  
100M HURDLES  
110M HURDLES  
100M  
4X200M RELAY  
400M  
300M HURDLES  
200M  
1600M  
4X400M RELAY